

**EXPLORING TEMPERAMENTS IN THE MOTHER-CHILD RELATIONSHIP:
AN EDUCATIONAL-PSYCHOLOGICAL PERSPECTIVE**

by

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**submitted in part fulfilment of the requirements for
the degree of**

**MASTER OF EDUCATION
WITH SPECIALISATION IN GUIDANCE AND COUNSELLING**

at the

UNIVERSITY OF SOUTH AFRICA

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NOVEMBER 2003

DECLARATION

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"I declare that **EXPLORING TEMPERAMENTS IN THE MOTHER-CHILD RELATIONSHIP: AN EDUCATIONAL-PSYCHOLOGICAL PERSPECTIVE** is my own work and that all sources that I have used or quoted have been indicated and acknowledged by complete references."

Jacóleen Vogel

ABSTRACT

EXPLORING TEMPERAMENTS IN THE MOTHER-CHILD RELATIONSHIP: AN EDUCATIONAL-PSYCHOLOGICAL PERSPECTIVE

The mother-child relationship is the first basic relationship with which any human being is confronted. The temperaments of mother and child play an important role in this relationship. The aim of this study is to explore the perception of mothers with regards to temperaments. This study uses a qualitative approach, which is explorative and descriptive, to gain insight into the influence of temperaments in the mother-child relationship. Seven mothers were selected by purposeful sampling to participate in the group work as research process. Group work progresses through the following three phases: awareness, exploration and personalisation. Naive sketches were used to determine the perception of the mothers during the awareness and personalisation phases. A focus group interview was utilised in the exploration phase. Finding showed that the mother-child relationship plays an important role in the optimal development of the child and his or her mother. This study confirmed the importance of understanding temperaments in the mother-child relationship.

Key terms

Temperaments
Personality
Perception
Mother-child relationship
Qualitative research
Group work
Awareness
Exploration
Personalisation
Naive sketch
Behaviour

ABSTRAK

ONDERSOEK VAN TEMPERAMENT IN DIE MOEDER-KINDVERHOUDING: 'N OPVOEDKUNDIGE SIELKUNDIGE PERSPEKTIEF

Die moeder-kindverhouding is die eerste en mees basiese verhouding waaraan enige mens blootgestel word. Die temperament van die moeder en die kind speel 'n deurslaggewende rol in hierdie verhouding. Die doel van hierdie studie is om die persepsie van moeders rakende temperamente te ondersoek. Die studie is vanuit 'n kwalitatiewe benadering voltrek, wat ondersoekend en beskrywend van aard is, ten einde insig te verkry in die invloed van temperamente in die moeder-kind verhouding. Sewe moeders het deelgeneem aan die groepwerk as navorsingsmetode. Groepwerk beweeg deur die volgende drie fases: bewuswording, verkenning en verpersoonliking. Naïwe sketse is tydens die bewuswordings- en verpersoonlikingsfase gebruik om die moeders se persepsie te bepaal. 'n Fokusgroeponderhoud is aangewend in die verkenningsfase om data in te samel. Dit blyk uit die studie dat die moeder-kindverhouding 'n belangrike rol speel in die optimale ontwikkeling van die kind en sy of haar moeder. Voorts bevestig die studie ook die belangrikheid van begrip rakende temperamente in die moeder-kindverhouding.

ACKNOWLEDGEMENTS

My sincere gratitude goes to all those who supported me during my studies:

- My supervisor, Dr Inge Sonnekus, for her patience, encouragement, guidance and prompt, thorough examination of the text. Above all for her faith in me which allowed me to grow and self-actualise beyond my wildest dreams.
- Professor Eleanor Lemmer for her prompt and excellent editing of the text as well as her helpful guidance.
- Karlien de Beer from the library of UNISA for her always friendly and willing assistance.
- The seven mothers who took part in the research for the enthusiasm and cooperation.
- Yolanda Donald for helping me with the final layout.
- All my friends for their support, encouragement and prayers.
- A special word of thanks for my husband Anton for his love, help, encouragement, support and understanding and my children Janica and Lodewyk for their love, encouragement, patience, understanding, pride and acceptance.

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