

## Shaken not stirred

- Vodka Martini Vodka, Vermouth with an olive or lemon twist
- Shaking?
- Compounds from plants in everyday lives
- Extremely diverse variety in various products





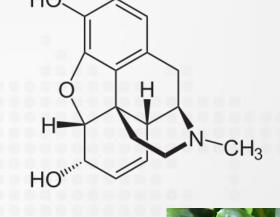
## The perfect cup of tea

- Tea is particularly rich in 3 flavonoid classes each contributing to the taste of tea.
- Milk will also cool down the water
- Catch the aromatic flavours before they disappear



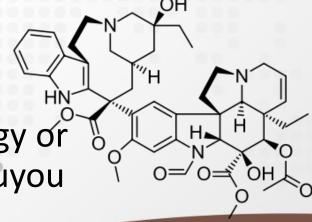
## Plant compounds

Morphine – the first alkaloid ever isolated in 1803



Rosy Periwinkle – vincristine

 Artemisinin - 2015 Nobel Prize in Physiology or Medicine was awarded to Professor Tu Youyou





## Viruses

- 37.7 million people globally were living with HIV in 2020
- 680 000 people died from AIDS-related illnesses in 2020
- 4.2 billion people have HSV-1 and HSV-2 in 2016
- 18 million active COVID19 cases
- 3.5 million people died from COVID 19 in 2021
- 80% of Africans or more than half billion people
- 300 000 plant species in South Africa less than 30 commercialised









## Human Immunodeficiency Virus (HIV)

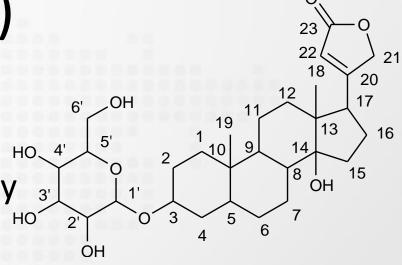
- Digitoxigenin-glucoside
- Cardiac glycosides
- Potent cardiotonic activity also known for their toxicity
- New class of compounds
- 90% inhibition of a HI pseudovirus
- Concentration of 100 ng/ml or 0.2 mM

Natural Product Research Vol. 24, No. 18, 10 November 2010, 1743–1746



A cardiac glucoside with *in vitro* anti-HIV activity isolated from *Elaeodendron croceum* 

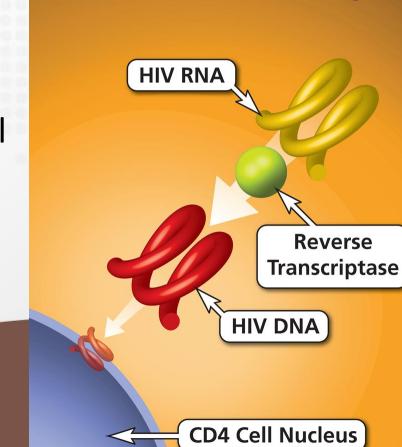
Gerhard Prinsloo<sup>a</sup>, J.J. Marion Meyer<sup>a\*</sup>, Ahmed A. Hussein<sup>b</sup>, Eduardo Munoz<sup>c</sup> and Rocio Sanchez<sup>c</sup>





## Reverse transcriptase (RT)

- HIV is a retrovirus
- RT enzyme converts RNA to DNA
- Incorporate all the information in the host cell



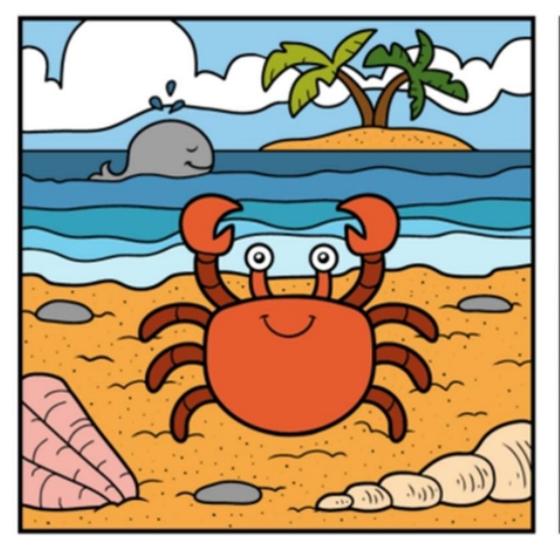
**Reverse Transcription** 

CD4 Cell



#### Plant metabolomics

- Relatively new technique in South Africa
- Attempting to extract, classify and identify compounds from any organism
- Snapshot
- UNISA, NMR-based metabolomics established in 2013
- Comparison of profiles





## Helichrysum mimetes

- Metabolomic analysis
- RT
- RT with an  $IC_{50}$  value of 53.82 µg/ml





Contents lists available at ScienceDirect

#### South African Journal of Botany

journal homepage: www.elsevier.com/locate/sajb

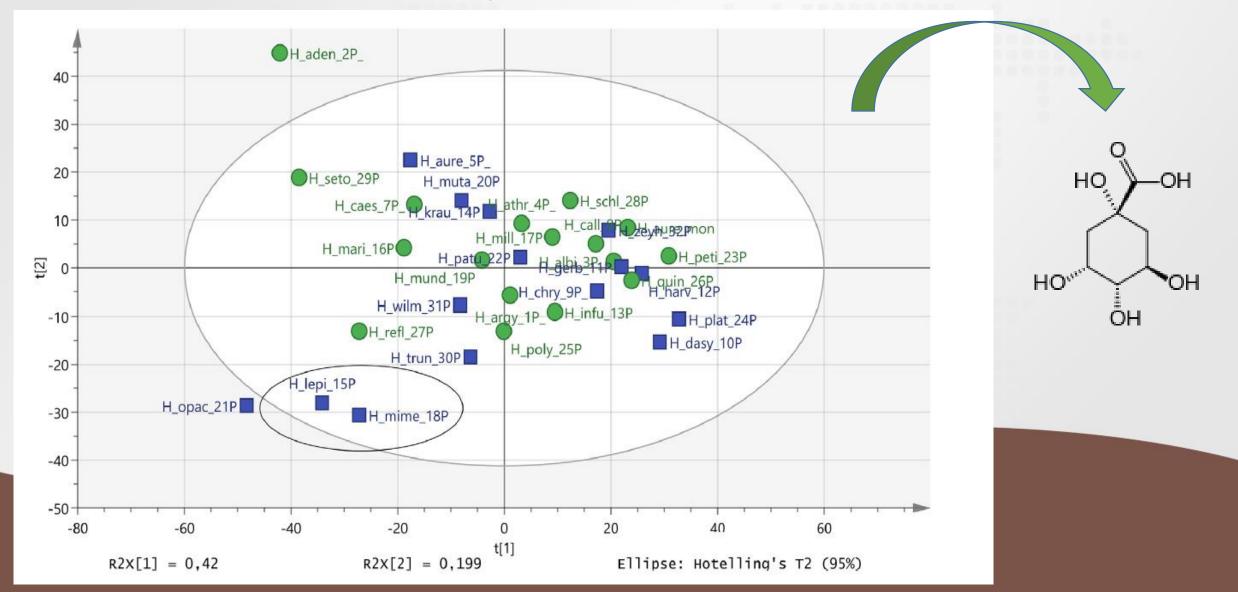


Anti-HIV-1 activity of quinic acid isolated from *Helichrysum mimetes* using NMR-based metabolomics and computational analysis

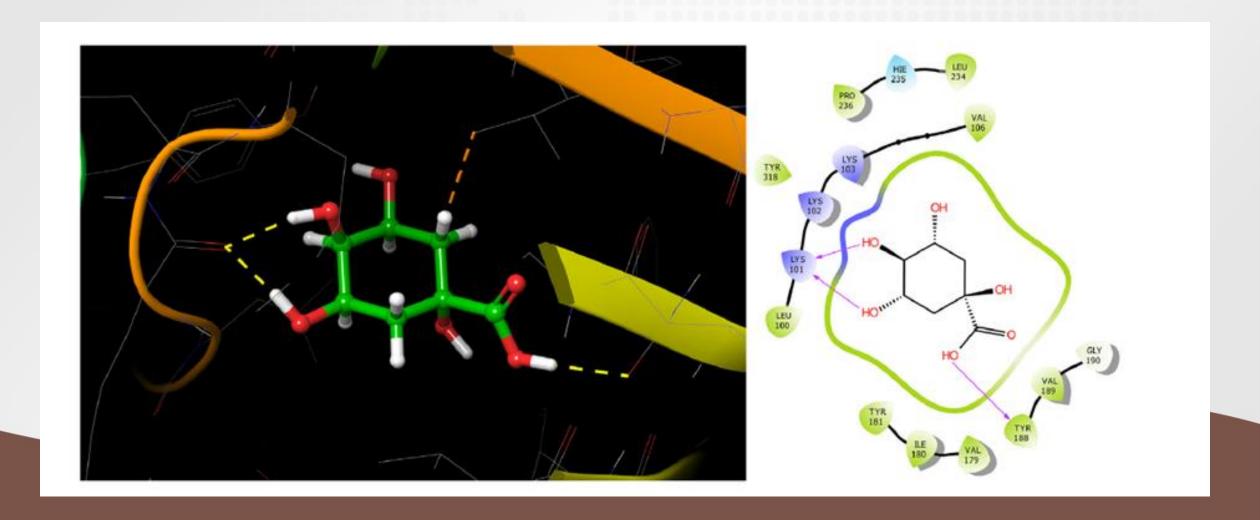


S.E. Yazdi <sup>a</sup>, G. Prinsloo <sup>b</sup>, H.M. Heyman <sup>a,c</sup>, C.B. Oosthuizen <sup>a</sup>, T. Klimkait <sup>d</sup>, J.J.M. Meyer <sup>a,\*</sup>

## Metabolomic analysis of active vs non-active



## Molecular docking in RT active site

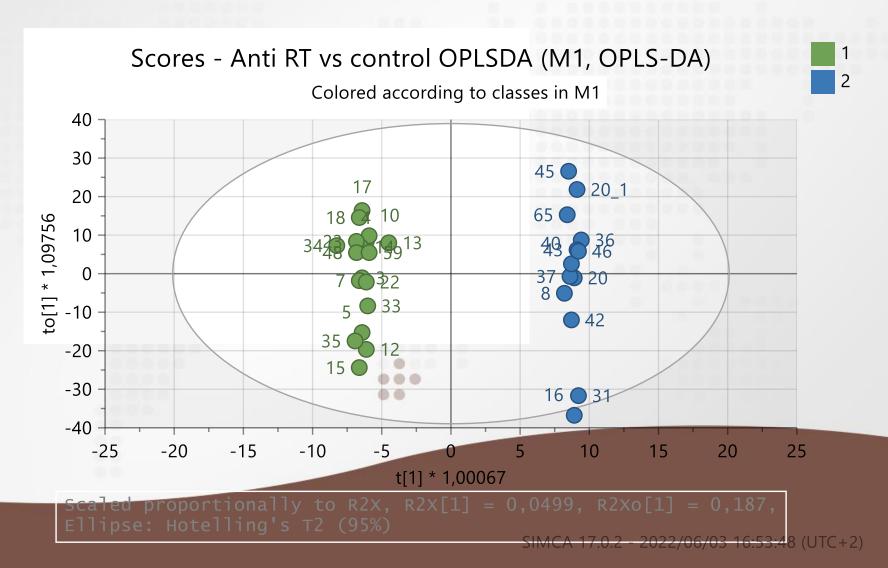


## Metabolomics – unrelated plants

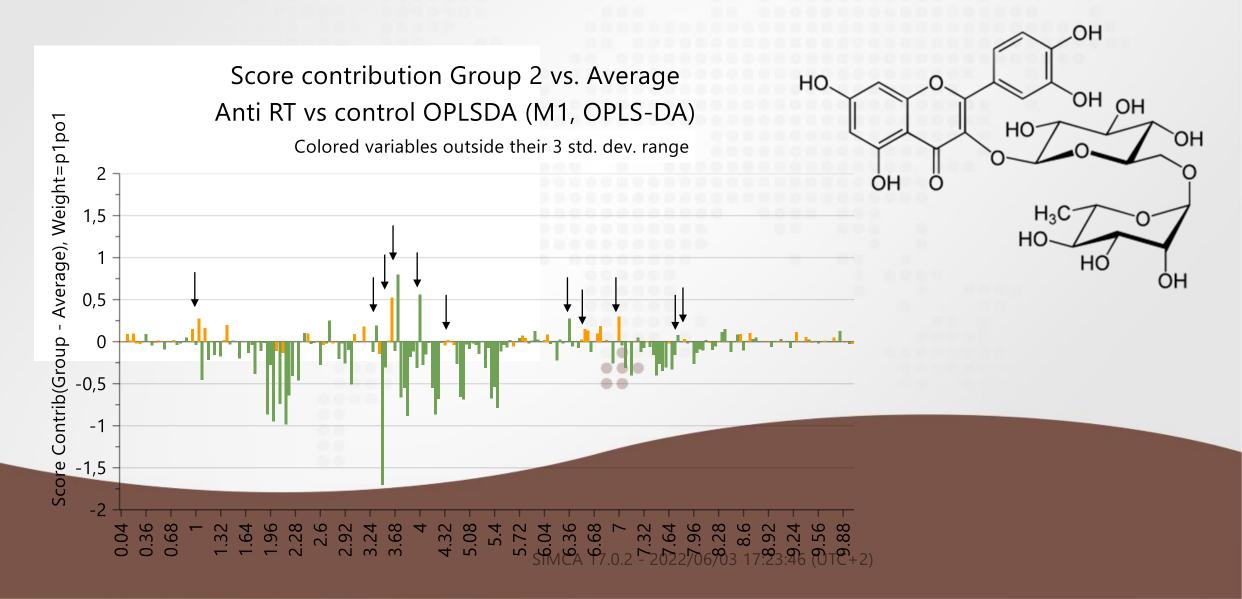
- Published antiviral activity
- Collected 43 species, 25 families, 32 genera
- Herpes Simplex Virus (HSV), HIV, Cytomegalovirus (CMV) and Influenza



#### OPLS-DA: anti-HIV RT vs control

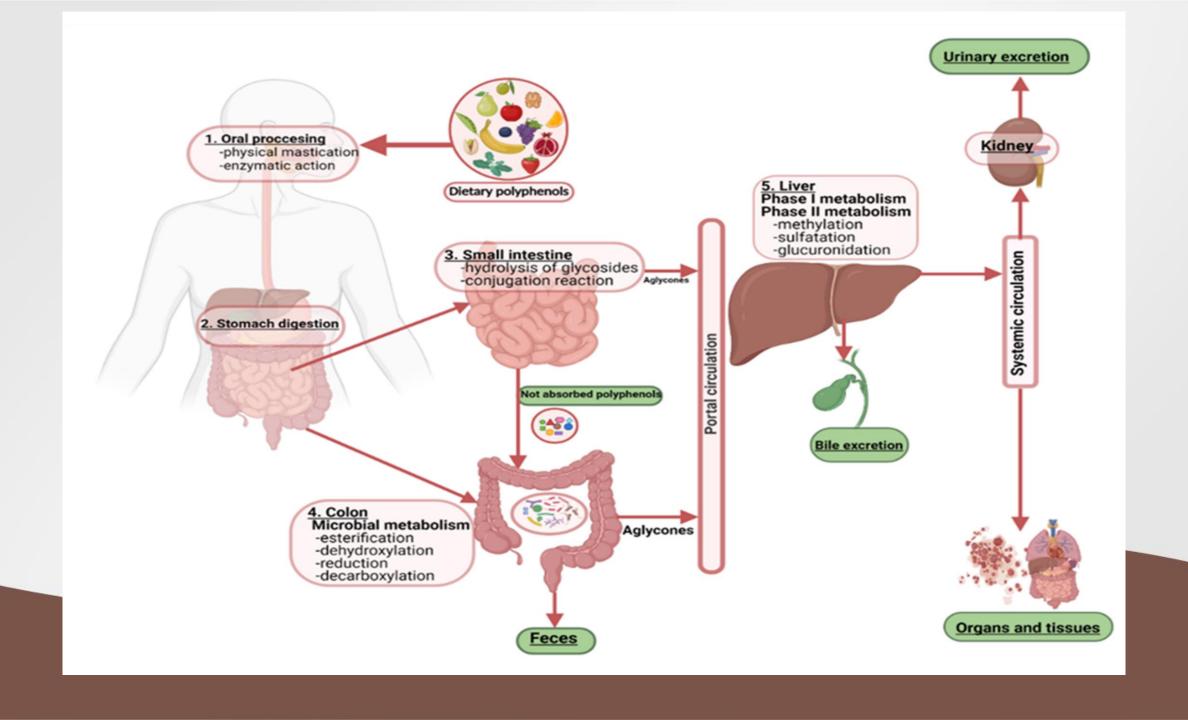


## Contribution plot of anti-HIV RT



#### Rutin

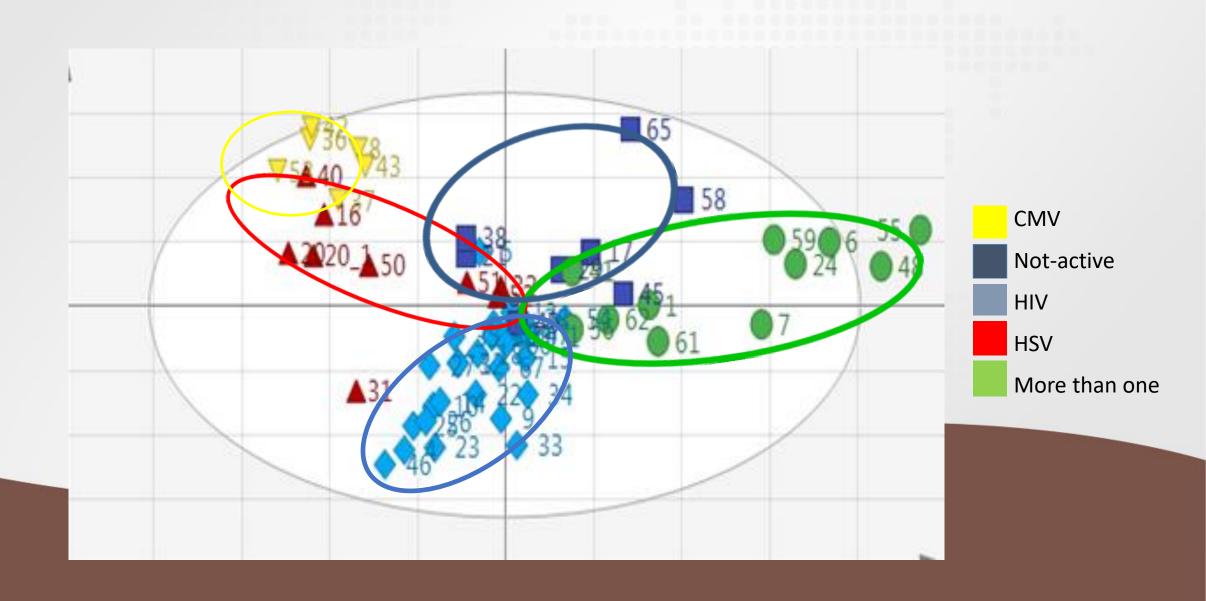
- Rutin flavonol glycoside
- Parsley, grapes, sweet red peppers, nectarines, peaches, broccoli etc.
- $\bullet$  anticancer, analgesic, antiarthritic,  $\alpha$ -glucosidase, anti-inflammatory and antiviral
- After oral administration, rutin is hydrolyzed in the GI tract to release quercetin

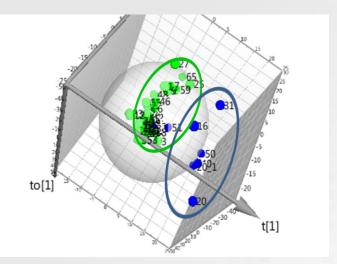


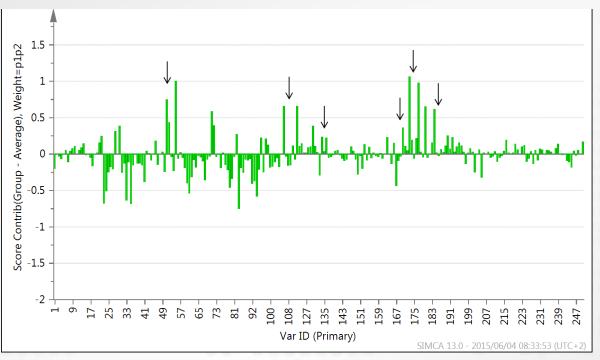
## Quercetin

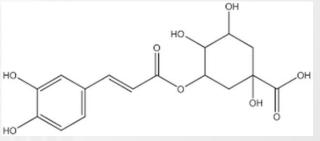
- Anticarcinogenic and anti-inflammatory, antidiabetic, antimicrobial, anti-Alzheimer's, antiarthritic, cardiovascular and wound-healing
- Lipophillic
- glucuronidation, methylation, sulfation or hydroxylation
- Rutin and quercetin 3-O-β- D-glucoside protease inhibitors of SARS-CoV-2
- Dengue virus, Zeka virus, Hepatitis C

## Other groups - HSV









Metabolomics (2018) 14:134 https://doi.org/10.1007/s11306-018-1432-y

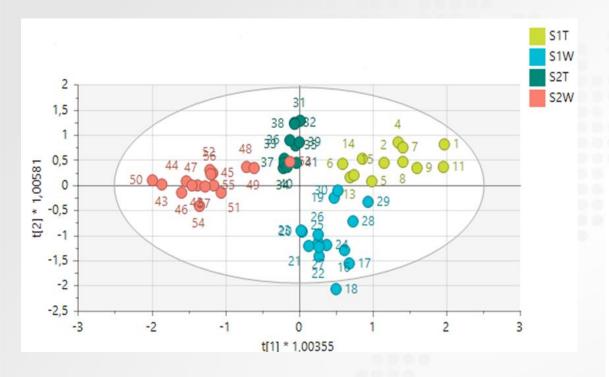
**ORIGINAL ARTICLE** 



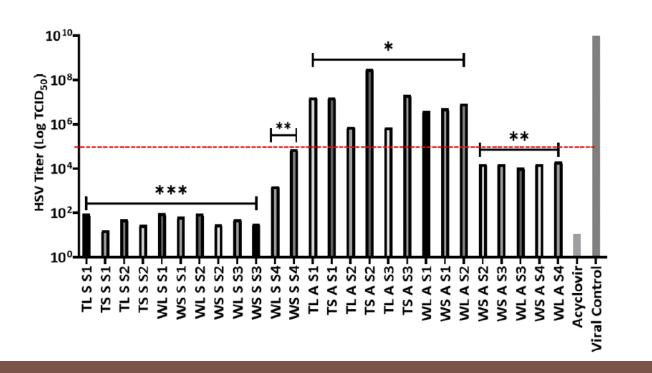
# Identifying anti-HSV compounds from unrelated plants using NMR and LC-MS metabolomic analysis

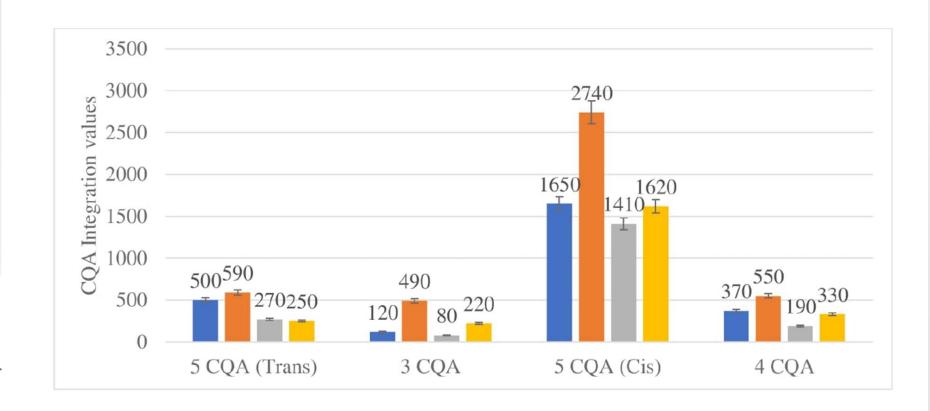
Gerhard Prinsloo<sup>1</sup> · Jacques Vervoort<sup>1,2</sup>

## Helichrysum aureonitens











Influence of Seasonal and Geographic Variation on the Anti-HSV-1 Properties and Chlorogenic Acids Content of Helichrysum aureonitens Sch.Bip.

Bamise W. Adeosun<sup>1\*</sup>, Garland More<sup>1</sup>, Paul A. Steenkamp<sup>2</sup>, Gerhard Prinsloo<sup>1</sup>

#### Metabolomics – animal virus

Rift Valley Fever Virus



Contents lists available at ScienceDirect

#### Heliyon

journal homepage: www.cell.com/heliyon



Research article

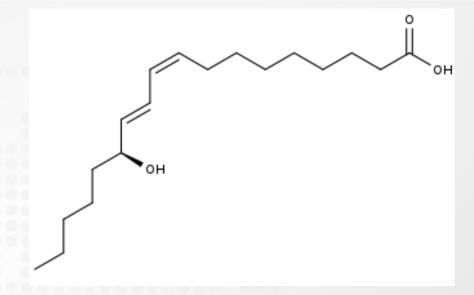
Metabolomic profile of medicinal plants with anti-RVFV activity

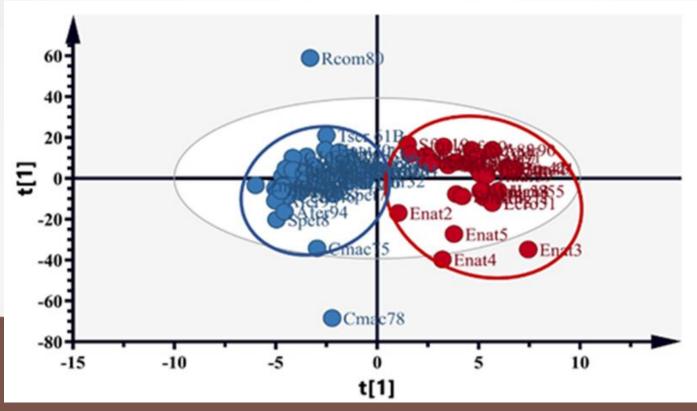


Garland Kgosi More a,\*, Jacques Vervoort b,c, Paul Anton Steenkamp d, Gerhard Prinsloo b

• 13S-Hydroxy-9Z,11E,15Z-octadecatrienoic acid

• Antimicrobial, anti-inflammatory, antiallergic and anticancer activities









Article

## <sup>1</sup>H-NMR and LC-MS Based Metabolomics Analysis of Wild and Cultivated *Amaranthus* spp.

Nolitha Nkobole \* and Gerhard Prinsloo



ORIGINAL RESEARCH

published: 05 March 2020 doi: 10.3389/fphar 2020.00219





Contents lists available at

Biochemical Systemat

journal homepage: www.elsevier.co

# <sup>1</sup>H-NMR Metabolomics and LC-MS Analysis to Determine Seasonal Variation in a Cosmeceutical Plant Leucosidea sericea

Phophi Freda Sehlakgwe<sup>1</sup>, Namrita Lall<sup>2,3</sup> and Gerhard Prinsloo<sup>1\*</sup>

<sup>1</sup> Department of Agriculture and Animal Health, University of South Africa, Johannesburg, South Africa, <sup>2</sup> Department of Plants and Soil Sciences, Plant Science Complex, University of Pretoria, Pretoria, South Africa, <sup>3</sup> School of Natural Resources, University of Missouri, Columbia, MO, United States

NMR-based metabolomic analysis of the seasonal and regional variability of phytochemical compounds in *Curtisia dentata* stem bark



A.S. van Wyk a,\*, G. Prinsloo b



Contents lists available at ScienceDirect

#### Food and Chemical Toxicology

journal homepage: www.elsevier.com/locate/foodchemtox



The use of plants containing genotoxic carcinogens as foods and medicine

Gerhard Prinsloo<sup>a,\*</sup>, Noluyolo Nogemane<sup>a</sup>, Renee Street<sup>b,c</sup>

CRITICAL REVIEWS IN TOXICOLOGY https://doi.org/10.1080/10408444.2019.1686456



**REVIEW ARTICLE** 



# Risk assessment of herbal supplements containing ingredients that are genotoxic and carcinogenic

Gerhard Prinsloo<sup>a,b</sup> (ii), Francois Steffens<sup>c</sup>, Jacques Vervoort<sup>b,d</sup> (iii) and Ivonne M.C.M. Rietjens<sup>a</sup> (iii)

## Adverse effects

- Therapeutic vs adverse
- Aristolochic acids, alkenylbenzenes and pyrrolizidine alkaloids
- Margin of exposure (MOE) 10 000
  - Nutmeg MOE = 53.62 and in another product MOE = 7.26
  - Parsley and dill containing products MOE = 141
  - Basil containing supplements MOE = 1.44
  - Basil containing pesto sauce MOE = 4750
  - Herbal medicinal samples MOE = 0.78
- Lifetime vs two weeks every year
- Combination







| MOE lifetime  |    | 5    | 10   | 25   | 50     | 75     | 90      | 95      |
|---|----|------|------|------|--------|--------|---------|---------|
|   | AA | 0.00 | 0.00 | 0.00 | 0.01   | 0.04   | 0.09    | 3       |
|   | AB | 0.01 | 0.02 | 0.08 | 1      | 3      | 8 019   | 10 552  |
|   | PA | 0.39 | 1    | 209  | 801    | 3 698  | 9 285   | 16 254  |
| MOE 2 weeks intake every year over a 70 year period |    |      |      |      |        |        |         |         |
|   | AA | 0.01 | 0.03 | 0.06 | 0.32   | 0.94   | 2       | 78      |
|   | AB | 0.30 | 0.50 | 2.13 | 29     | 98     | 208 509 | 274 374 |
|   | PA | 10   | 33   | 5450 | 20 839 | 96 151 | 241 419 | 422 619 |

## Conclusion

- Consume, use and abuse compounds from plants.
- Tested improvement in analytical techniques and knowledge.
- Scientific development, especially in the field of toxicology.
- Better information on what is healthy, safe and beneficial to us.
- Plants contain thousands of compounds that we know is beneficial to us, and there are certainly thousands more to discover.
- Explore the rich biodiversity of South Africa.

