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## List of abbreviations

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ACORD:	Agency for Co-operation and Research in Development
AIDS:	Acquired immuno deficiency syndrome
ANOVA:	Analysis of Variance test
ARV:	Antiretro viral therapy
AZT:	Zidovudine
CD4:	White blood cell count
Chi Test:	A statistical test, which examines the relationships between two variables
Com-DOT:	Community- or family-based daily directly observed therapy
CSO:	Central statistics office
FASS:	Feasible, accessible, satisfactory sanitation
GCE:	General certificate of education
HAART:	Highly Active Antiretroviral Therapy
HBM:	Health Belief Model
HIV:	Human immunodeficiency virus
IAS:	International AIDS Society
MOH:	Ministry of Health
MTCT:	Mother to child transmission
NACA:	National AIDS Coordinating Agency
NIAID :	National Institute of Allergy and Infectious Disease
PCP :	Pneumocytic carinii pneumonia
PMTCT:	Prevention of Mother-to-Child transmission (PMTCT) programme
RNA:	Ribonucleic acid found in breast milk.
SOC:	Standard of care
SPSS Version:	A social science statistical computer analysis package
STIs:	Sexually transmitted infections
UN:	United Nations
UNAIDS:	Joint United Nations programme on HIV/AIDS
WHO:	World Health Organization

## List of annexures

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Annexure A      Letters requesting permission to conduct the study:

Health Research Unit, Botswana  
Matron, City Council Clinics

Annexure B      Letters granting permission to conduct the study:

Department of Health Studies, Unisa  
Health Research Unit, Botswana  
Town Clerk, City Council

Annexure C      Explanation letter to participants  
Consent form to be signed by participants

Annexure D      Interview schedule