

## INTERVIEW GUIDE

### 1) EXPERIENCES

A) What are your experiences of being involved in Termination of Pregnancy?

It is very stressful and some of my colleagues are ostracising me because I'm involved in TOP. Personally, I won't do it, but for a patient in need because of reasons, I will counsel and TOP.

B) Which reasons are you referring to?

Rape, unwanted or unplanned pregnancy.

C) What disturbs you most during termination procedure?

Extraction of products of conception as well as seeing the woman in pain.

D) How do you deal with your feelings?

Talking about my frustrations and experiences to people who are willing to listen and who are supportive, that is, my colleagues.

E) Do your feelings affect the way you care for woman undergoing termination?

My feelings don't affect the way I care for the woman undergoing TOP. I see them as people in need of my help.

F) What motivates you to take part in termination of pregnancy?

Because it safe and has reduced the number of unsafe abortions which led to complications.

G) Do you experience any dilemma when taking part in termination of pregnancy?

Yes, somehow, yes, for as nurses we are there to preserve life, meanwhile with termination of pregnancy a foetal life is terminated.

H) How does taking part in termination have an effect on your relationships with your colleagues?

Some colleagues see me as a murderer and thus relationships are strained.

### 2) SUPPORT

A) Do you receive any emotional support to help you cope with your experiences?

Yes, from the people I am working with and from people from other services who are involved in TOP.

B) Who gives you the support?

Colleagues.

C) What kind of support do you get?

Counselling and debriefing sessions arranged by TOP coordinator.

D) Is the support adequate?

No. Counselling should be continuous, as well as debriefing. The clinic should be supportive and realise the importance of this service.

E) What kind of support would you like to get?

Continuous debriefing.

Supportive supervisors and colleagues.

### **3) RECOMMENDATIONS**

A) What recommendations would you make about involvement in TOP in your clinic?

Everybody should be involved in TOP. Like if a client needs to be referred, they should be referred without hassles. People working in TOP should be considered for other courses vital for TOP clients, like Reproductive Health.

B) What recommendation would you make about the support of nurses involved in TOP?

They should be seen as part of clinic staff.

They should be upgraded like any other nurses.

Clinic managers should be involved in TOP issues.

C) How would you want your nurses to be supported in your clinic?

Meetings with TOP nurses to share the problems.

Counselling session with a psychologist.

TOP awareness for nurses.