BIBLIOGRAPHY

Allen, H.A., Splittgerber, F.L. & Manning, M.L. 1993. *Teaching and learning in the middle school*. New York: Macmillan.

Ary, D., Jacobs, L.C., & Razaviech, A. 1990. *Introduction to research in education*. New York: Holt Rinehart & Winston.

Asmal, K. & James, W. 2002. Spirit of the nation. Reflections on South Africa's educational ethos. Claremont: New Africa Education.

Behr, A.L., Cherian, V.I., Mwamwenda, T.S., & Ndaba, E.P. & Ramphal, A. 1990. *An educational psychology for schools in Africa*. Durban: Professional Publishers.

Belkin, G.S. 1987. Contemporary psychotherapies. 2nd edition. California: Brookes/Cole.

Best, J.W. & Kahn, J.V. 1989. Research in education. Englewood Cliffs: Prentice Hall.

Bor, R., Ebner-landy J., Gill S. & Brace, C. 2002. Counselling in schools. London: Sage.

Capuzzi, D. & Gross, D.R. 1999. *Counselling and psychotherapy. Theories and intervention.*New Jersey: Prentice Hall

Chisholm L. 2002. A South African Curriculum for the 21st century. Report of the review committee on Curriculum 2005. Pretoria: Government Printers.

Corey, G. 1996. Theory and practice of counselling and psychotherapy. Pacific Grove: Brooks/Cole

Corey, G. 2001. Theory and practice of counselling and psychotherapy. Pacific Grove: Brooks/Cole

Cowie, H. & Pechereck, A. 1994. *Counselling approaches and issues in education*. London: David Fulton.

Coy, D.R. 1999. The role and training of the school counsellor: background and purpose. NASSP Bulletin.

Cunningham, L.M. & Peters, H.J. 1993. *Counselling theories a selective examination for school counsellors*. Ohio: Bell & Howell.

De Clerq, F. 1997. Policy intervention and power shifts: An evaluation of South Africa's education restructuring policies. *Journal of Education Policy*, 2(2):127-146.

Department of Education. 1997a. Curriculum 2005. Life Long learning for the 21st century. Pretoria: Government Printers

Department of Education. 1997b. Quality Education for all. Overcoming barriers to learning and development. Report of the National Commission on Special Needs in Education and Training (NCSNET) and the National Committee for Education Support Services (NCESS). Pretoria: Government Printers.

Department of Education. July 2001. Education White Paper 6. Special Needs Education: Building an inclusive education and training system. Pretoria: Government Printers.

Department of Education. 2002. Revised National Curriculum Statement Grades R-9 (Schools): Life Orientation. Pretoria: Government Printers.

Department of Education. 28 August 2003. News Bulletin. Working together to build a South Africa Education and Training System for the 21st century. Volume 5 Department of Education: Pretoria: Government Printers.

Department of Education. Undated. Your guide to the future. Life Orientation. Grades 10, 11 & 12. Pretoria: Government Printers.

De Villiers, S.L. & Lemmer, E.M. 2003. Professional career success and implications for life skills education. *Educare*, 32(1&2).

De Vos, A. S., Strydom, H., Fouche, C.B., Poggenpoel, M., Schurink, E. & Schurink, W. 1998. *Research at Grassroots: A primer for caring professions*. Pretoria: J.L Van Schaik, Academic.

Dockrat, F. 1999. The identification of peer-counsellors in the secondary school. DEd thesis Unisa, Pretoria.

Donald, D., Lazarus, S & Lolwana P. 2000. Educational psychology in context. Challenges of development, social issues and special needs in Southern Africa. Cape Town: Oxford University Press.

Dusek, J.B. 1987. Adolescent development and behaviour. New Jersey: Prentice-Hall.

Edwards, J. & Fogelman K. 1993. Developing citizenship in the curriculum. London: Fulton

Gall, M.D., Borg, W.R. & Gall J.P. 1996. *Educational research: an introduction*. 6th edition New York: Longman.

Gay, L.R. 1987. *Educational research: competencies for analysis and application*. 3rd edition. Columbus: Merril.

Gay, L.R. 1992. Educational research: competencies for analysis and application. 4th edition New York: MacMillan

George, P., Lawrence, G & Bushnell, D. 1998. *A handbook for middle school teaching*. 2nd edition. New York: Longman.

Gillilard, B.E. & James, R. K. 1998. *Theories and strategies in counselling psychotherapies*. Boston: Allyn & Bacon.

Gills, P.A. 1997. Accommodations or just good teaching? Strategies for teaching college students with disabilities. Westport: Praeger.

Goduka, M. I. & Swadener B.B. 1999. Affirming unity in diversity in education. Healing with ubuntu. Cape Town: Juta & Company.

Gous, I.G.P 2000. Keeping the Bible in mind: Religion, understanding and life skills for children. Pretoria: Unibibsa.

Gouws, F.E. 2002. Educational themes: Intermediate and Senior Phase: guidance, counselling and life skills development. Study guide for ETH203-Q. Pretoria: University of South Africa.

Gouws, F.E. 2004. Educational themes C: guidance, counselling & life skills. Special education needs. Faculty of Education. Tutorial Letter 102/2004. ETCHOD-6. Unisa, Pretoria.

Gouws, E. & Kruger N. 1996. *The adolescent: An educational perspective*. Pretoria: Heinemann.

Gouws, E. Kruger, N. & Burger, S. 2000. *The adolescent*. 2nd edition. Johannesburg: Heinemann.

Humphreys, T. 1996. A different kind of a teacher. Dublin: Gill & MacMillan.

Jaffe, M.L. 1998. Adolescence. New York: John Wiley & Sons.

Jansen, J. & Christie, P. 1999. *Changing curriculum studies on outcomes-based education in South Africa*. Cape Town: Juta.

Johnson B, & Christensen, L. 2000. Educational research: quantitative: qualitative approaches. Canada: Allyn & Bacon.

Johnson, B. & Christensen, L. 2004. *Educational research: quantitative, qualitative, and mixed approaches*. 2nd edition. Boston: Pearson Education.

Johnson, C. 2000. A group intervention programme for adolescents of divorce. DEd thesis University of South Africa, Pretoria.

Jones, N. & Frederickson, N. 1990. Refocusing educational psychology. Bristol: The Falmer.

Kottler, A & Kottler, E. 2000. Counselling skills for teachers. California: Corwin.

Kriege, H. 2002. Theoretical framework. Module 1, centre for distance learning. Melville: RAU.

Kruger, N. & Adams, H. 1998. Psychology for teaching and learning: what teachers need to know. Pietermaritzburg: Heinemann.

Lamprecht J.C. & Lamprecht L.J. 2002. *Career guidance and subject choice*. Johannesburg: RAU.

Leedy, P.D., & Omrod J.E. 2001. *Practical research planning and design*. New Jersey: Merrill.

Longworth, N. & Davies, W.K. 1997. Lifelong Learning: New vision, new implications, new roles for people, organisations, nations and communities in the 21st century. London: Kogan.

Lubisi, C., Wedekind, V. & Parker, B. 1997. *Understanding outcomes-based education:* knowledge curriculum & assessment in South Africa. Pretoria: Department of education.

Maree, K. and Obersohn, L. 2002. Lifeskills and career counselling. Sundown: Heineman.

McMillan, J.H., & Schumacher, S. 2001. *Research in education: a conceptual introduction*. New York: Longman.

Mednick, B.R., Baker, R.L., Reznick, C. & Hocevar, D. 1990. Long-term effects of divorce on adolescent academic achievement. *Journal of Divorce*, 13(4):69-88.

Meier, C. 2003. The origins and development of child-centred education: implications for classroom management. *Educare*, 32 (1&2).

Messick, R.G. & Reynolds, K.E. 1992. *Middle level curriculum in action*. New York: Longman.

Mokoka, C.J. 1998. The use of South African computer-assisted mathematics programs in the Brits district of the North West Province. Pretoria: University of Pretoria.

Mulaudzi, M.P. 2000. A multicultural approach to school guidance and counselling. DEd thesis. Unisa, Pretoria.

Mwamwenda, T.S. 1995. Educational psychology: an African perspective. Durban: Heinemann.

National Department of Education. 1994 Guidelines for a draft teaching programme for guidance. Pretoria: Government Printers.

National Department of Education. 2001. National Curriculum Statement. Grades 10-12 (schools). Life Orientation. Pretoria: Government Printers.

National Department of Education. 2002. Revised National Curriculum Statement. Grades R-9 (Schools) Policy. Life Orientation. Pretoria: Government Printers.

National Department of Education. 28 October 2002. National Curriculum Statement. Grades 10-12 (schools). Life Orientation. Pretoria: Government Printers.

National Department of Education. Undated. National Curriculum Statement. Grades 10-12. General Overview. Pretoria: Government Printers.

National Education Policy Investigation (NEPI). 1992. Support services. Report of the NEPI Support Services Research Group. (A project of the National Education Co-ordinating Committee. Cape Town: Oxford University Press.

Nelson-Jones, R. 1991. Life skills. A handbook. London: Detesios.

Olivier, C. 1999. Outcomes-based. How to educate and train. Pretoria: Van Schaik.

Olivier, L. 1989. The physical and psychological problems of the people of South Africa. Pretoria: HSRC.

Patterson, C.H. 1967. The counsellor in the school. New York: McGraw-Hill.

Pretorius, F. 1998. *Outcomes-based education in South Africa*. Randburg: Hodder & Stoughton.

Roets, E. 2002. Schools of thought in guidance and their influence on school guidance. Introductory orientation. Guidance in educational context. OSV451-3-OSV411/-R. Unisa, Pretoria.

Romano, L.G. & Georgiady, N.P. 1994. *Building an effective middle school*. Madison: Brown & Benchmark.

Roos, J. 2002. Relevant social and emotional challenges. Johannesburg: RAU.

Rubeinstein, R.E. 1994. *Hints for teaching success in middle school*. Colorado: Teacher Idea Press.

Schmidt, J.J. 2003. *Counselling in schools. Essential services and comprehensive programs*. Boston: Library of Congress.

Schoonmaker, R. 2002. Growing up teaching from personal knowledge to professional practice. New York: Teachers College Press

Sekao, R.D. 2004. The influence of an Hour-Glass model of cooperative learning on the learning and achievement of grade 8 Mathematics learners in crowded classroom. MEd thesis. University of Potchefstroom, Potchefstroom.

Siann, G. & Ugwuegbu, D. 1980. *Educational psychology in a changing world*. London: George Allen.

Spady, W.G. 1993. *Outcomes-based education*. London: Australian Curriculum Studies Association.

Smilansky, S. 1992. *Children of divorce: the roles of family and school.* Rockville: Silver Spring.

Strom R.D., Bernard H.W and Strom S.K. 1989. *Human development and learning*. New York: Human Sciences Press.

Sue, D., Sue, D. & Sue, S. 1997. *Understanding abnormal behaviour*. Boston: Houghton Mifflin.

Tolbert, E.L. 1982. *An introduction to guidance. The professional counsellor.* 2nd edition. New York: Brown & Company.

Unisa Faculty of Education. Tutorial letter 102/2004. Educational themes C: Guidance, counselling & life skills. Special education needs. ETCHOD-6. Unisa, Pretoria.

Uys, J. 1992. Psychological counselling in South African context. Cape Town: Maskew Miller.

Vally, S. & Spreen, C.A. 1998. Quarterly review of education and training in South Africa. *Education Policy Unit*, 5(3):3-16.

Van der Elst, E.E. 1993. A sexuality training for programme for guidance counsellors trainees. A qualitative enquiry and evaluation. MEd dissertation. University of Cape Town, Cape Town

Van der Horst, H. & McDonald, R. 1997. *Outcomes-based education. A teacher's manual.* Cape Town: CTP Book Printers.

Van der Spuy, C.M. 1992. The actualisation of the child restrained in his becoming. MEd dissertation. Unisa, Pretoria.

Vernon A. 2002. What works when with children and adolescents. A handbook of individual counselling techniques. Illinois: Research Press.

Vernon A. and Al-Mabuk R.H. 1995. What growing up is all about. A parent's guide to child and adolescent development. Illinois: Research Press.

Walsh W.M and Williams G.R 1997. Schools and family therapy. Using systems theory and family therapy in the resolution of school problems. Illinois: Charles C Thomas.

Webster Comprehensive Dictionary. 1999. s.v "learner". Chicago: Ferguson.

Wiles, J. & Bondi, J. 1993. The essential middle school. New York: Macmillan.

Williamson, M.C. & Lemmer, E.M. 2003. Curriculum development in the education system of Australia. *Educare*, 32(1&2).

Wiechers, E. 2002. Schools of thought in guidance and their influence on school guidance. Introductory Orientation. Guidance in Educational Context. OSV451-3/OSV411/-R. Unisa, Pretoria.

Wilkinson, J.D and Campbell A. E. 1997. *Psychology in counselling and therapeutic practice*. New York: Wiley and Sons.

Wolman, B.B. 1998. Adolescence. *Biological and psychosocial perspectives*. Westport: Greenwood.

World Book Dictionary. 1995. s.v "educator". Chicago: World book Inc.

Yudkin, M. 1984. When kids think the unthinkable. *Psychology Today*, 18(4):18-25.

Appendix A

A letter requesting permission to conduct research at schools

	P.O. Box 13211		
	Tremshed		
	0126		
	17 May 2004		
The Principal			
Re: Request to conduct research at your school			
I humbly request for permission to conduct research at	your school particularly with		
Life Orientation educators. The purpose of the research	is educational.		
I appreciate your assistance towards the success of my	research project.		
X7			
Yours faithfully			
E.M Tlhabane (Ms)			
(1.20)			

Skills			
Content			
Adolescent			
Skills			

Content

Adolescent