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Annexure A**LETTER OF CONSENT**

Dear research participant

My name is GOMOTSANG KGWATALALA. I am a student with the University of South Africa. One of the requirements for completion of my studies is to do a research project. The title of my research is: **Health seeking behaviour among the people of the Africa Gospel Church in Francistown.**

I chose to study your community for the following reasons:

1. During 1997 when I was supervising students in the municipal clinics, I learnt from the staff that your church members are reluctant to use health facilities and staff said that they did not understand why this was so.
2. Several immunisation campaigns were held in 1997, of note the polio and measles campaign. However, it appears as if your community did not optimally benefit from this campaign, probably due to reluctance to come forward for immunisations.

As a result of the above, I felt there was a need to bridge the knowledge gap between your community and the health professional. This research aims to improve health professionals' understandings of the beliefs and health seeking behaviours of the members of the Africa Gospel Church.

I request your participation in this research so that health professionals can learn more about your health care practices. This will enable them to deliver health care that is accordance with your religious views and prescriptions.

The interviews will be taped and will last at least an hour each. No names will be used in the interview so that anonymity is maintained. Tapes will be kept in a confidential manner and labeled with codes. I request permission to quote your responses in my research report so that accuracy of your responses is maintained. Your names will not appear in the research report.

Please feel free to withdraw your consent at anytime before or during the interview.

Signed:

Date:

Annexure B

P. O. BOX 267
FRANCISTOWN

21 April 2002

The Office of the President
GABORONE

Dear Sir / Madam

REQUEST TO CARRY OUT RESEARCH

I am a student enrolled with the University of South Africa. I am seeking permission to carry out research as partial fulfillment of the Master of Arts in Nursing Science.

The topic is: **Health seeking behaviour among the people of the Africa Gospel Church in Francistown.**

Enclosed here is a copy of the Research Proposal.

Yours faithfully

GOMOTSANG KGWATALALA

Annexure C

Annexure D

INTERVIEW GUIDE FOR THE CONGREGATION

SECTION A: BIOGRAPHICAL DATA

- 1 How old are you?
- 2 How did you come to be a member of the Africa Gospel Church?
- 3 How long have you been a member of the Africa Gospel Church?

Probing question:

Were you born in this church? / Were your parents members of the church?

SECTION B: INTERVIEW QUESTIONS

- 1 Tell me about the main teachings of the Africa Gospel church.
- 2 Tell me how you view health \ being healthy.

Probing question:

When is a person considered to be healthy?

- 3 Tell me how you view being ill.

Probing question:

When is a person considered to be ill?

- 4 How does your religion influence your health?

Probing questions:

What religious prescriptions contribute towards your health?

What religious prescriptions negatively affect your health?

5 What, in your opinion, are the causes of illness?

6 What do you do to maintain optimal health?

Probing questions:

What medical strategies do you use to prevent health problems?

What traditional strategies do you use to prevent health problems?

7 How does your religion influence your health seeking behaviour?

Probing questions:

What religious beliefs influence your health seeking behaviour?

What prescriptions of the Africa Gospel Church affect the way in which the sick are cared for in your family?

Annexure E

INTERVIEW GUIDE FOR PRIESTS AND CHURCH LEADERS

SECTION A: BIOGRAPHICAL DATA

- 1 How old are you?
- 2 How long have you been a priest /church leader in the Africa Gospel Church?
- 3 What are your responsibilities as priest/church leader of the Africa Gospel Church?

SECTION B: INTERVIEW QUESTIONS

- 1 Tell me about the main teachings of the Africa Gospel Church.
- 2 Tell me how your church's views on health \ being healthy.

Probing question:

When is a person considered to be healthy?

- 3 Tell me how your church's view being ill.

Probing question:

When is a person considered to be ill?

- 5 What are your religious prescriptions on maintaining optimal health?

Probing questions:

What medical strategies do you support to prevent health problems?

What traditional strategies do you support to prevent health problems?

- 6 How do your religious prescriptions influence the health of your congregation?

Probing questions:

What religious prescriptions promote optimal health of your congregation?

What religious prescriptions have a negative effect on the health of your congregation?

- 7 Tell me about the prescriptions of your church with respect to seeking health care for illness.

Probing question:

What are the religious prescriptions with regard to seeking health care for illness?

What are the religious prescriptions with regard to caring for the sick your congregation?

- 8 Where do your congregation normally go to to obtain health care for themselves or their families?

Probing questions:

What medical health care institutions do they visit?

What traditional health care institutions do they visit?

Whom do they normally consult for health problems?

Who, in your congregation normally cares for those with health problems in need of care?

- 9 What treatments do you advise your congregation to use to treat illness?

Probing questions:

What medical treatments to treat illness do you support?

What traditional remedies to treat illness do you support?

Annexure F

IMBUZO YABA FUNDISI

Isigaba sokuqala

1. Uleminyaka emingaki?
2. Uleminyaka emingaki ungu mfundisi e Sontweni le Africa Gospel ?
3. Ungangitshela ngemisebenzi yakho yobufundisi?

Isigaba sesibili

1. Ungangitshela ngezenkolo ye Sonto ye Africa Gospel
2. Ngicela ungitshele ukuthi I Sonto yenu ithini mayelana lempila kahle.
Ukudingisisa
Lithi umuntu ulempilakahle nxa enjani?
3. Ngicela ungitshele ukuthi i Sonto yenu ithini mayelana lokugula.
Ukudingisisa
Lithi umuntu uyagula nxa enjani?
4. Ukugula lithi kubanga yini?
5. Inkolo yenu ithi lenze njani ukuze libe lempilakahle?
Ukudingisisa
Yiziphi indlela zesilingu elivumelana lazo ekuvimbeleni imikhuhlane?
Yiziphi indlela zesintu elivumelana lazo ekuvimbeleni imikhuhlane?

6. Imithetho yenkolo yenu ihambelana ngandlella yiphi lokuphila kwabantu esontweni yenu?

Ukudingisisa

Ungangitshela ngemithetho yenkolo yenu ephakamisa impilakahle yabantu besonto yenu?

Ungangitshela ngemithetho yenkolo yenu enga vimbela impilakahle yabantu besonto yenu?

7. Ngitshela ngemithetho yenkolo yenu mayelana lokudinga ukwelatshwa nxa umuntu egula.

Ukudingisisa

Imithetho yesonto yenu ithini mayelana lokonga abagulayo abesonto yenu?

8. Abesonto yenu bavame ukuyangaphi ukuze bathole ukwelatshwa nxa begula?

Ukudingisisa

Yiziphi indawo zokwelapha kwesilungu abaya kuzo nxa befuna ukwelatshwa?

Yiziphi indawo zokwelapha zesintu abaya kuzo nxa befuna ukwelatshwa?

Bavame ukudinga uncedo kubani nxa begula?

Ngobani abavame ukonga izigulane esontweni yenu?

9. Abe sonto yenu libaxwayisa ukuthi basebenziseni ukwelapha imikhuhlane?

Ukudingisisa

Yiziphi indlela zokwelapha kwesilungu elivumelana lazo?

Yiziphi indlela zokwelapha kwesintu elivumelana lazo?

IMBUZO YABA SONTI

Isigaba sokuqala

1. Uleminyaka emingaki?
2. Wangena njani e Sontweni ye Africa Gospel?
3. Uleminyaka emingaki ulilungu le Africa Gospel ?

Ukudingisisa

Wazalelwa e Sontweni yini?

Abazali bakho babe sonta I Africa Gospel Church yini?

Isigaba sesibili

1. Ungangitshela ngezenkolo ye Sonto ye Africa Gospel?
2. Ngicela ungitshele ukuthi ungishele imicabango yakho mayelana lempila kahle.

Ukudingisisa

Lithi umuntu ulempilakahle nxa enjani?

3. Ngicela ungitshele ukuthi ucabanga njani mayelana lokugula.

Ukudingisisa

Lithi umuntu uyagula nxa enjani?

4. Inkolo yenu ihambelana njani lempilakahle yakho? *Ukudingisisa*

Yiyiphi imithetho yenkolo yenu ephakamisa impilakahle yenu?

Yiyiphi imithetho yenkolo yenu eyehlisa impilakahle yenu?

5. Ngokubona kwenu, ukugula lithi kubangwa yini?

6. Kuyini elikwenzayo ukuze liphakamise impilakahle yenu?

Ukudingisisa

Yiziphi indlela zesilingu elizisebenzisayo ekuvimbeleni imikhuhlane?

Yiziphi indlela zesintu elizisebenzisayo ekuvimbeleni imikhuhlane?

7. Inkolo yenu ihambelana njani lindlela ozisebenzisayo zokudinga impilakahle?

Ukudingisisa

Ungangitshela ngemithetho yenkolo yenu mayelana lokudinga loba

ukusebenzisa indlela eziphakamisa impilakahle yakho?

Ungangitshela ngemithetho yenkolo yenu elitshengisa indlela zokuphatha izigulane ngakwakho?

8. Livame ukuyangaphi nxa lifuna uncedo lokwelapha izigulane ngekhaya?

Ukudingisisa

Yiziphi indawo zokwelapha kwesilungu eliya kuzo nxa lifuna ukwelatshwa?

Yiziphi indawo zokwelapha zesintu eliya kuzo nxa lifuna ukwelatshwa?

Livame ukuya kubani nxa ligula?

Ngobani abavame ukonga abagulayo ngakwakho?

9. Yiziphi indlela elizisebenzisayo ukwelapha isigulane?

Ukudingisisa

Yiziphi indlela zokwelapha kwesilungu elizisebenzisayo ukwelapha isigulane?

Yiziphi indlela zokwelapha kwesintu elizisebenzisayo ukwelapha isigulane?

10. Indlela elizisebenzisayo ukwelapha zihambelana njani lemiththo ye sonto yenu?

Ukudingisisa

Yiziphi indlela zokwelapha kwesilungu ezivumelana lemithetho ye sontoyenu?

Yiziphi indlela zokwelapha kwesilungu eziphambana lemithetho yesonto yenu?

Yiziphi indlela zokwelapha kwesintu ezivumelana lemithetho yesonto uenu?

Yiziphi indlela zokwelapha kwesintu eziphambana lemithetho yesonto yenu?

Annexure G

Q.S.R. NUD.IST Power version, revision 4.0.

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PROJECT: Kgawatalala, User Kgawatalala, 11:01 am, Feb 20, 2003.

(1) /biographical data

*** Definition:

Personal characteristics

(1 1) /biographical data/Church leaders

*** No Definition

(1 2) /biographical data/Congregation

*** No Definition

(2) /Religious characteristics

*** Definition:

The distinguishing factors of the religion and historical background

(2 1) /Religious characteristics/History

*** Definition:

Narrative relating to the past

(2 2) /Religious characteristics/Teachings

*** Definition:

That which is taught for acceptance or belief

(2 3) /Religious characteristics/Prescriptions

*** Definition:

That which is prescribed as a rule related to religion

(2 3 1) /Religious characteristics/Prescriptions/Rules

*** No Definition

(2 3 2) /Religious characteristics/Prescriptions/Taboos

*** No Definition

(2 3 3) /Religious characteristics/Prescriptions/Health

*** No Definition

(2 3 4) /Religious characteristics/Prescriptions/Education

*** No Definition

(2 5) /Religious characteristics/Role of priest

*** Definition:

Assumed function of a priest

(3) /Religious practices

*** Definition:

Habitual actions related to religion

(4) /Social control

*** Definition:

To exercise a directing, restraining or governing influence over society

(5) /Social practices

*** Definition:

Habitual social actions that are influenced by religious prescriptions

(5 1) /Social practices/Selecting a partner

*** Definition:

Activities related to marriage

(5 2) /Social practices/Economic activities

*** Definition:

Being active in relation to creation of wealth or survival

(5 3) /Social practices/A D L

*** Definition:

Being active in maintaining a lifestyle

(6) /Health, illness and health care

*** Definition:

See chapter 2

(6 1) /Health, illness and health care/Explanatory model

*** Definition:

Explanations about the nature of health and sickness, and causes of illness

(6 1 1) /Health, illness and health care/Explanatory model/Health

*** No Definition

(6 1 2) /Health, illness and health care/Explanatory model/Illness

*** No Definition

(6 1 3) /Health, illness and health care/Explanatory model/God, ancestors

*** No Definition

(6 1 4) /Health, illness and health care/Explanatory model/Evil forces

*** No Definition

(6 1 5) /Health, illness and health care/Explanatory model/Equilibrium

*** No Definition

(6 2) /Health, illness and health care/Practices

*** Definition:

Habitual actions related to maintaining optimal health and caring for the ill

(6 2 1) /Health, illness and health care/Practices/Prevention

*** No Definition

(6 2 2) /Health, illness and health care/Practices/Diagnosis

*** No Definition

(6 2 3) /Health, illness and health care/Practices/Institutions

*** No Definition

(6 2 4) /Health, illness and health care/Practices/Care givers

*** No Definition

(6 2 5) /Health, illness and health care/Practices/Care practices

*** No Definition

(D) //Document Annotations

*** No Definition

(F) //Free Nodes

*** No Definition

(F 1) //Free Nodes/Religious practices

*** Definition:

Habitual actions related to religion

(F 2) //Free Nodes/Religious prescriptions

*** Definition:

That which is prescribed as a rule related to religion

(F 3) //Free Nodes/Social control

*** Definition:

To exercise a directing, restraining, or governing influence over

(F 4) //Free Nodes/Social practices

*** Definition:

Habitual social actions that are influenced by religious prescriptions

(F 5) //Free Nodes/Religious characteristics

*** Definition:

The distinguishing factors of the religion and historical background

(F 6) //Free Nodes/Health practices

*** Definition:

Habitual actions related to maintaining optimal health and caring for the ill

(F 7) //Free Nodes/Explanatory model

*** Definition:

explanations about the nature of health and sickness and causes of sickness

(F 8) //Free Nodes/Responses to illness

*** Definition:

Recognition of the symptoms of illness and subsequent actions

(F 9) //Free Nodes/Care givers

*** Definition:

Those who meet the health needs of those in need of care

(F 10) //Free Nodes/Care institutions

*** Definition:

Locations where health care is rendered

(F 11) //Free Nodes/memo

*** No Definition

(T) //Text Searches

*** No Definition

(I) //Index Searches

*** No Definition

(C) //Node Clipboard - 'Social control'

*** Definition:

Copy of node (F 3).

Annexure H

Q.S.R. NUD.IST Power version, revision 4.0.
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PROJECT: Kgwatalala, User Kgwatalala, 11:00 am, Feb 20, 2003.

(F 7) //Free Nodes/Explanatory model

*** Definition:

explanations about the nature of health and sickness and causes of sickness

+++++

+++ ON-LINE DOCUMENT: Kgwatalala.txt

+++ Retrieval for this document: 140 units out of 1123, = 12%

++ Text units 112-118:

We say a person is healthy if they are not bedridden. 112

Eating things that are not good for you causes illness. 113

Sometimes it is demons. 114

115

Fg2 116

You can see when a person is healthy, they can do this and 117

that, the body shows it. 118

++ Text units 124-127:

Illness is caused by lack of self-control, 124

not following the rules. 125

A healthy person does things for themselves. 126

They look relaxed in body and spirit. 127

++ Text units 130-130:

You live a healthy life if you follow the church rules. 130

++ Text units 132-135:

It may be caused by demons, 132

not respecting taboos 133

and breaking the rules by a person with 134

no self-respect. 135

++ Text units 140-145:

A healthy person you can see, 140

the flesh is relaxed they do not look miserable. 141

142

Fg6 143

A healthy person's body is good to look at.	144
The flesh is relaxed.	145
++ Text units 151-155:	
When a person is healthy there is nothing that bothers them in the body	151
practicing self-control	153
and eating well.	154
	155
++ Text units 164-165:	
A religious person lives a healthy life, they do not get sick often.	164
	165
++ Text units 197-198:	
Since I am healthy it tells me that the religious life I am leading is the right one.	197
	198
++ Text units 210-212:	
Diseases are worsening because polygamy is discouraged.	210
Young women cannot get married because there are not enough men.	211
	212
++ Text units 214-218:	
They should not stop polygamy.	214
Women are many.	215
The disease is caused by sexual intercourse.	216
We cannot treat it, if a person has it we care for them until they die.	217
	218
++ Text units 238-242:	
We don't know where AIDS came from	238
They say it is infectious.	239
I think lack of finding marriage partners is what caused it.	240
Today it this one, tomorrow it is that one (referring to sexual partners)	241
	242
++ Text units 255-258:	
Health workers say it is a disease of sexual intercourse.	255
People have left their culture that's why there is AIDS.	256
Polygamy prevents this	257
Women are not virgins at marriage anymore.	258
++ Text units 288-289:	
Failure to find a husband leads to promiscuity, diseases and abandoned children.	288
	289
++ Text units 573-576:	
Our church says we must obey the rules of the church so that we can be healthy. If you do that your body will be healthy but	573
	574
	575
if you break the rules that's when disease comes in.	576
++ Text units 578-590:	
Views on health and illness	578
A person who is healthy is fit, there is no pain anywhere,	579

they can do their work without difficulty.	580
A sick person will get tired easily or they can tell you that	
581	
they are sick.	582
	583
Causes of illness	584
Illness is caused by bad spirits	585
and by not taking control of yourself. A person going out of	586
his marital home, this brings disease. Even witchcraft is	587
there,	588
if you don't pray it can make you sick but if you pray	589
nothing will happen to you because God protects you.	590
++ Text units 664-675:	
The prophets will then examine him spiritually to ascertain	664
the health status of the other person involved and to see	665
whether he/she brings a disease. They (prophets) can see if	666
the woman has infected him with a disease. They can see but	667
sometimes the prophet may be afraid to tell what he sees for	668
fear of breaking up the marriage because people consider the	669
word AIDS to be an insult.	670
	671
Views on health and illness	672
A healthy person is one without disease. A person without	673
disease is normal in everything he does and in his	674
interactions and in his works.	675
++ Text units 702-709:	
Let me say there is natural religion for everyone	702
, we believe that in African religion there is witchcraft,	703
even in our church I sometimes hear talk of witchcraft, it	704
causes illness.	705
These days if a person is of loose morals they get diseases.	706
Every one of loose morals is susceptible to disease. We call	707
it the illness of the Egyptians like in the Bible, an illness	708
of outsiders.	709
++ Text units 826-827:	
You just feel in your body that you are alright and there is	826
no pain anywhere	827
++ Text units 836-839:	
As I am, I like joking and fooling around, when I am ill I may	836
be miserable and quiet, then I may tell people that I have a	837
headache.	838
You won't be the same as everyday.	839
++ Text units 842-856:	
As for myself, growing up to this age, I have realised that	842
if you follow the laws you live happily.	843
I see others who have left the church, they don't live	844

happily.	845
Its just that the laws are tough, if you like to enjoy	846
yourself then it is difficult, but if you want to live to an	847
old age it is the right way.	848
	849
Causes of illness	850
I think it is caused by going here and there (promiscuous).	851
We grew up knowing that there is witchcraft but our church	852
conquers it. They can chase away demonic spirits; you can have	853
witchcraft demon or envy.	854
Some of these things are caused by not following the church	855
laws.	856
++ Text units 935-939:	
A person who is healthy is sociable,	935
they don't look down on others, whatever a person owns they	936
are given by God, riches or poverty are from God.	937
You can tell when a person is healthy from their body, they	938
are fresh, and the skin is all right.	939
++ Text units 948-950:	
You can tell when a person is sick, they are miserable and	948
timid and you can tell from the skin.	949
	950
++ Text units 957-959:	
Other things that may cause illness are eating things that	957
don't agree with you, eating for the sake of eating. Drinking	958
alcohol and smoking tobacco, we are not allowed to drink.	959
++ Text units 962-964:	
Witchcraft is not allowed but witches exist. We believe in our	962
church that they can exorcise demons. Witches are not allowed	963
to worship because we are not allowed to touch medicine	964
++ Text units 1054-1055:	
There is illness that you know is normal and then there is	1054
that which is not normal.	1055
++ Text units 1069-1077:	
When they are healthy you can see when they are sick you can	1069
see.	1070
There is normal illness, which just happens,	1071
and then there is that which you look for (promiscuity). If I	1072
am everywhere (referring to sexual activity), then I will get	1073
the virus (mogari).	1074
Sometimes a person may hate you and poison your food or send	1075
things (zombies) to make you sick or to make you mad. Having	1076
a headache is an illness from God	1077
++ Text units 1095-1098:	
Sometimes you are bewitched, they collect your urine and tie	1095
it (ukubopha) so that you cannot deliver. In that case you go	1096

to hospital, it is the only way. Delivery is a dangerous process. 1097
1098

++ Text units 1105-1107:

If there are evil spirits he will tell us and they remove 1105
them, some are demons of envy you can kill a person because of 1106
them. 1107

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+++ Total number of text units retrieved = 140

+++ Retrievals in 1 out of 1 documents, = 100%.

+++ The documents with retrievals have a total of 1123 text units,
so text units retrieved in these documents = 12%.

+++ All documents have a total of 1123 text units,
so text units found in these documents = 12%.

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