

OPSOMMING

Hierdie studie fokus op die “aspekte van spiritualiteit in Hebreërs binne die konteks van 'n Christelik-Bybelse Spiritualiteit”.

Die metode van die studie verloop in vier fases:

- 1) Probleemstelling en voorlopige formulering van die tema.
- 2) Die analise en bestudering van die toepaslike tekste in Hebreërs en van ander Christelike spiritualiteit literatuur.
- 3) Navorsing en herbesinning oor die spiritualiteit in Hebreërs met die oog op die aspekte van spiritualiteit, en Christelike en Bybelse Spiritualiteit deur middel van:
 - a) Eksegese (die verstaan van die teks).
 - b) Interpretasie, formulering, toepassing en struktuuranalises en die sentrale tema of temas in Hebreërs.
 - c) Wat Christelike en Bybelse spiritualiteit is en of Hebreërs 'n paranese of paraklese is, word ook beredeneer.
- 4) Samevatting, enkele theologiese opmerkings en relevansie van die aspekte van spiritualiteit in Hebreërs vir vandag.

Die werks- en denkwyses wat gevolg word, is: analities, sinteties, induktief, deduktief – waarvolgens daar uit die beginsels geldige afleidings en konklusies gemaak kan word oor die aspekte van spiritualiteit in Hebreërs binne die konteks van 'n Christelik-Bybelse spiritualiteit. Die studie wil dus 'n eksegetiese en hermeneutiese bydrae lewer tot die ondersoek na die aspekte van spiritualiteit binne die konteks van Christelike-Bybelse Spiritualiteit.

As gevolg van verskeie sosiale, psigiese en geestelike omstandighede het die eerste ontvangers aan wie die Hebreërs brief as homiletiese leerrede gerig was, geestelik moeg geword en in hulle geloof uitgesak. Hierdie probleem is so ernstig dat die Hebreërskrywer waarsku dat hulle geestelik kan sterf en sodoende die beloofde rus van God nie ingaan nie. Die Hebreërskrywer spreek hierdie probleem aan vanuit 'n pastorale hart deur middel van vermanings (paranese) en aanmoedigings (paraklese) wat gefundeerd is op theologiese argumente.

Die spiritualiteitslewe wat Hebreërs vir die eerste lesers bedoel, is ook bedoel vir Christene van die een-en-twintigste eeu – om Christene te vermaan en aan te spoor om in die geloof, en 'n Bybelse beoefening daarvan, te volhard en te groei.

Christene leef tans in 'n eeu wat gekenmerk word deur veranderings, omwentelings, bedreigings en uitdagings op alle terreine van die samelewing. Sodoende stel dit weer op hulle beurt nuwe uitdagings aan sowel die Christelike- en Bybelse Spiritualiteit as die beoefening van spiritualiteit. Hebreërs se aspekte van spiritualiteit lever ongetwyfeld nie alleen 'n eie unieke bydrae tot Nuwe-Testamentiese spiritualiteit, Christelike Spiritualiteit en Bybelse Spiritualiteit nie, maar bemagtig Christene vandag ook in hulle spiritualiteitslewe.

ABSTRACT

This study focuses on the “aspects of spirituality in Hebrews in the context of a Christian-Biblical Spirituality”.

The method of this study follows four phases:

- 1) Introductory issues of Hebrews and the formulation of the theme.
- 2) Analyzing the applicable texts in Hebrews and other relevant Christian spiritual literature.
- 3) The rethinking and thinking-anew of the spirituality in Hebrews while focusing on the aspects of spirituality, Christian and Biblical spirituality by means of:
 - a) Exegesis (the understanding of the text).
 - b) Interpretation and application of the aspects of spirituality, structure-analysis and the central theme or themes in Hebrews.
 - c) What Christian and Biblical Spirituality is, and whether Hebrews is a parane and or a paracelsus, are also argued.
- 4) Summary, a few theological remarks and the relevance of the aspects of spirituality in Hebrews for today.

The manner in which this is achieved, is through: analytical, synthetically, inductive and deductive reasoning – according to the principles or general truths, realities from which valid conclusions can be drawn on Christian and Biblical Spirituality. Thus, this study wants to make a exegetical-hermeneutical contribution to the resurge of the aspects of spirituality in Hebrews in the context of Christian-Biblical Spirituality.

The first recipients of Hebrews had become spiritually tired and lagging behind in their faith because of the various social, psychological and spiritual circumstances. This spiritual problem was so serious that the author of Hebrews warns them

earnestly that they could die spiritually and would not be able to go into the promised rest of God. From a pastoral heart he appealed to the problem by means of exhortations (paranesis) and encouragements (paraclesis) which he grounded on theological arguments.

What Hebrews meant spiritually for the first readers, has meaning to twenty first century Christians – to exhort and encourage them to persevere in their belief (confession), exercising of their faith and continual growth, spiritually.

Christians in the twenty first century live in societies and times which are characterized by rapid changes, times of rotations and threats of different kinds. This circumstances challenges Christian and Biblical Spirituality and the exercising of spirituality. Aspects of Hebrews' spirituality undoubtedly provide a unique contribution to New Testament spirituality, and also to Christian and Biblical Spirituality. It empowers these Spiritualities to help Christians in the exercising of their spirituality.