

**GENDER DIFFERENCES IN SALUTOGENIC FUNCTIONING
IN MILITARY DEPLOYMENT**

by

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(ii)

DECLARATION

Student number: 3359-268-3

I, the undersigned, hereby declare that this dissertation entitled “Gender Differences in Salutogenic Functioning in Military Deployment” is my own work, and that all the sources that I have used or quoted have been indicated and acknowledged by complete references.

SIGNATURE
(Mr EM Ganyane)

DATE

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SUMMARY

GENDER DIFFERENCES IN SALUTOGENIC FUNCTIONING IN MILITARY DEPLOYMENT

By

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DEGREE: MAdmin (Industrial and Organisational Psychology)

The aim of this dissertation is to examine gender differences in salutogenic functioning in military deployment.

Salutogenesis focuses on the origin of health and wellness, and the salutogenic constructs sense of coherence (SOC), hardiness (PVS) and self-efficacy (SES) which were conceptualised focus on how individuals handle stressors positively and still remain healthy. Gender differences in military deployment were discussed, focusing on different stressors that impact on individuals' functioning when deployed.

Empirically the salutogenic constructs: SOC, PVS and SES were measured. The population consisted of males and females working at 7 SAI Phalaborwa who were deployed in Kwa-Zulu Natal. Statistical techniques were applied to determine differences between males and females. The data was analysed statistically using the SPSS programme. Statistical significance was found in the SOC sub-scale "meaningfulness" and the PVS sub-scales "commitment" and "challenge".

Key terms

Salutogenesis, sense of coherence, hardiness, self-efficacy, stressors, deployment, coping, stress, gender

