

ANNEXURE B

THE SELF-EVALUATION SCALE QUESTIONNAIRE FOR SECONDARY SCHOOL LEARNERS

INSTRUCTIONS

1. Please answer all items. There are no right or wrong answers.
2. Each item consists of two statements. On a six point scale, decide whether you agree more with the statement on the left side or the one on the right side. Write the number of your choice in the block on the far right side.
3. SURNAME AND NAME:

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1.	I always have a problem finishing my homework.	1 2 3 4 5 6	I always finish my homework in time.		c1
2.	I cause my family a lot of problems.	1 2 3 4 5 6	I never cause my family problems.		c2
3.	I often do things I regret later.	1 2 3 4 5 6	I seldom do things I regret later.		c3
4.	I cannot choose friends easily.	1 2 3 4 5 6	I choose friends easily.		c4
5.	I do not do the things at school as required.	1 2 3 4 5 6	I do things at school as required.		c5
6.	My friends are more attractive than I am.	1 2 3 4 5 6	I am more attractive than my friends.		c6
7.	I do not care if my body is not clean.	1 2 3 4 5 6	It is important for me to keep my body clean.		c7
8.	I find my school subjects difficult.	1 2 3 4 5 6	I find my school subjects easy.		c8
9.	When choosing teams for games, I am the last to be chosen.	1 2 3 4 5 6	When choosing teams for games, I am the first to be chosen.		c9
10.	When paying for something, I do not mind getting more change than expected	1 2 3 4 5 6	When paying for something, I give back the money if I get more change than expected.		c10
11.	I am ashamed of my relatives.	1 2 3 4 5 6	I am not ashamed of my relatives.		c11
12.	I normally hesitate to do what I am supposed to do.	1 2 3 4 5 6	I do not hesitate to do what I am supposed to do.		c12
13.	I often quarrel with my family.	1 2 3 4 5 6	I seldom quarrel with my family		c13
14.	I do not regret telling lies.	1 2 3 4 5 6	I regret telling lies.		c14
15.	I often become angry with people.	1 2 3 4 5 6	I seldom become angry with people.		c15
16.	I think I take more time to understand my school subjects than my friends do.	1 2 3 4 5 6	I think I understand my school subjects faster than my friends do.		c16
17.	I always feel unhealthy.	1 2 3 4 5 6	I always feel healthy.		c17
18.	My class teacher is unfair to me.	1 2 3 4 5 6	My class teacher is fair to me.		c18

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19.	I am not popular with people of my own sex.	1 2 3 4 5 6	I am popular with people of my own sex.		c19
20.	I see myself as a bad person.	1 2 3 4 5 6	I see myself as a good person.		c20
21.	I am not on good terms with other people.	1 2 3 4 5 6	I am on good terms with other people.		c21
22.	I am normally slow in finishing my work.	1 2 3 4 5 6	I am normally fast in finishing my work.		c22
23.	I am a member of a very unhappy family.	1 2 3 4 5 6	I am a member of a very happy family.		c23
24.	I do not regret it if I don't attend church.	1 2 3 4 5 6	I regret it if I don't attend church.		c24
25.	My family members don't love me.	1 2 3 4 5 6	I am sure my family members love me.		c25
26.	I will never get good marks, even if I work hard.	1 2 3 4 5 6	If I work hard, I will get good marks.		c26
27.	I am unhappy about my body weight.	1 2 3 4 5 6	I am happy with my body weight.		c27
28.	I feel unhappy at school.	1 2 3 4 5 6	I feel happy at school.		c28
29.	I do not forgive my friends easily if they annoy me.	1 2 3 4 5 6	I forgive my friends easily if they annoy me.		c29
30.	I do not mind if my friends say vulgar words.	1 2 3 4 5 6	I do not like it if my friends say vulgar words.		c30
31.	I hate to visit relatives.	1 2 3 4 5 6	I like to visit relatives.		c31
32.	I cannot finish any work.	1 2 3 4 5 6	If I start any work, I finish it.		c32
33.	I am not sure if I can solve my problems.	1 2 3 4 5 6	I know that I can solve my problems.		c33
34.	I cannot trust my family if I have problems.	1 2 3 4 5 6	I trust my family members if I have problems.		c34
35.	I will copy my friend's homework.	1 2 3 4 5 6	Under no circumstances will I copy my friend's homework.		c35
36.	I do not have many friends.	1 2 3 4 5 6	I have many friends.		c36
37.	I am not satisfied with my physical appearance.	1 2 3 4 5 6	I am satisfied with my physical appearance.		c37
38.	I do not like physical activities.	1 2 3 4 5 6	I like physical activities.		c38

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39.	My friends read faster than I do.	1 2 3 4 5 6	I read faster than most of my friends.		c39
40.	I do not like mathematics.	1 2 3 4 5 6	I like mathematics.		c40
41.	Others can help themselves.	1 2 3 4 5 6	I like to help others.		c41
42.	I do not have a problem with wrong ideas.	1 2 3 4 5 6	I don't like wrong ideas.		c42
43.	I am not on good terms with my family.	1 2 3 4 5 6	I am on good terms with my family.		c43
44.	I hesitate when making decisions.	1 2 3 4 5 6	I am quick in making decisions.		c44
45.	I do not care about my parents' wishes.	1 2 3 4 5 6	My parents' wishes are very important to me.		c45
46.	It is not important what others think of me.	1 2 3 4 5 6	It is important what others think of me.		c46
47.	My classmates often tease me.	1 2 3 4 5 6	My classmates never tease me.		c47
48.	I am unable to write a good composition.	1 2 3 4 5 6	I am able to write a good composition.		c48
49.	I do not like to dress properly.	1 2 3 4 5 6	I like to dress properly.		c49
50.	I always hesitate when answering questions.	1 2 3 4 5 6	I do not hesitate when answering questions.		c50
51.	I do not like my body.	1 2 3 4 5 6	I like my body as it is.		c51
52.	I always feel confused when I start a new project.	1 2 3 4 5 6	I seldom feel confused when starting a new project.		c52
53.	I do not like to see myself in a photograph.	1 2 3 4 5 6	I like to see myself in a photograph.		c53
54.	I don't my classmates to see my schoolwork.	1 2 3 4 5 6	I do not mind if my school work is shown to my classmates.		c54
55.	I don't enjoy being among strangers.	1 2 3 4 5 6	I do not mind being among strangers.		c55
56.	I will not change my behaviour, even if I know that I am wrong.	1 2 3 4 5 6	I will change my behaviour, if I know I am wrong.		c56
57.	I don't receive proper love from my family.	1 2 3 4 5 6	I do receive proper love from my family.		c57

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58.	I don't think I will be successful in life.	1 2 3 4 5 6	I know I will be successful in life.		c58
59.	I do not like healthy food.	1 2 3 4 5 6	I like to eat healthy food.		c59
60.	I see my friends as leaders.	1 2 3 4 5 6	I see myself as a leader.		c60
61.	Are you a boy or a girl? Boy = 1 Girl = 2				c61
62-63 Grade					c62-63
64-65 Age					c64-65
THANK YOU FOR COMPLETING THIS QUESTIONNAIRE.					
NB. THE FOLLOWING BLOCKS ARE FOR OFFICE USE ONLY.					
					c66-67
					c68-69
					c70-71