QUESTIONNAIRE

This questionnaire was designed to test the influence of parents, church and belief of the sexual relationships of young black women.

• All questions must be answered.
• If you cannot answer or do not know how to respond, write down that you do not know. Do not simply leave a space empty.
• Answer all questions as honestly as possible.
• Please do not tell what you think I want to know; answer as openly and directly as possible.
• Your will remain anonymous — I will never attempt to know who answered what.
• Indicate your answer by inserting an X in the check boxes supplied.
• A 📝 indicates that you must write down a response. Please write from the heart.
• I sometimes refer to parents. If you live with one parent only, read parent.

THANK YOU FOR TAKING PART IN THIS RESEARCH
1. How old are you? Write down your age in the block provided.
   
   ___________ years

2. Indicate your current situation in the blocks provided. There can only be ONE response.
   
   Married
   Unmarried

3. Choose the words that would best describe you:
   
   City woman
   Rural woman

4. Choose the words that would best describe you:
   
   World wise
   Traditional

5. Which description is true about you?
   
   Virgin
   Not a virgin

6. Indicate your current sexual activity in the blocks provided.
   
   Celibate, currently no sexual relationship
   One partner
   More than one partner
   Casual sex
   Prostitution
7. At what age did you have sex for the first time?

Not applicable, I am still a virgin
At ______ years

8. Where do you currently stay? Tick the block that applies to you.

With my mother
With my father
With both parents
With a family member / family members
With my husband
With my boyfriend
With friends
Other

9. Which one of your parents plays the most important part in your life?

My mother
My father
I cannot say

10. How old is your mother?

______ years

11. Do you think that your mother’s sexual behaviour influences you at all?

Yes
No
Not applicable
12. Do you approve of your mother’s sexual behaviour?
   Yes  
   No  
   Not applicable

13. Do you think your father’s sexual behaviour influences you at all?
   Yes  
   No  
   Not applicable

14. Do you approve of your father’s sexual behaviour?
   Yes  
   No  
   Not applicable

15. Do you EVER talk about sex with either of your parents?
   Yes  
   No  
   Not applicable

16. Who would you rather talk to about sexual matters? You can mark more than one response here.
   Mother  
   Father  
   Grandmother  
   Aunt  
   Female friend
Other significant female
Boyfriend / husband
Nobody

17. Has either of your parents taught you the facts of life and how to behave in a sexual relationship?

Yes
No

18. Do you think that your parents suspect or know that you are sexually active?

Yes
No
Not applicable

19. Do your parents approve of your sexual behaviour?

Yes
No
Not applicable

20. How do your parents react to the fact that you are sexually active? I would like to know what you suspect they think, what they say and how they react towards you. If you are not sexually active, describe their feelings and attitude towards your behaviour.

__________________________________________________________________________________________________________________________________________________________
21. Will the fact that your parents disapprove (do not like) your sexual activities influence you at all to change your behaviour?

Yes

No

Not applicable

22. These questions flow from the answer you gave in question 20. How will you change your behaviour? Will you try to hide your activities better so that your parents will not notice? Will you stop or change your behaviour? Please tell me what you will do.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

23. Do what your parents think and say matter to you at this stage of your life?

Yes

No

Not applicable

24. How would you describe your own sexual behaviour?

Responsible

Careless

25. How would your parents describe your sexual behaviour?

Responsible

Careless
26. How would your friends describe your sexual behaviour?

Responsible [ ]
Careless [ ]

27. I am interested to know what your family relations are like. Tell me about your family, about what is good between you and about what is not so good between you.

________________________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________________________

28. From the list of words given below, choose any SIX words that would best describe the relationship between you and your parents. Write the words in the blocks provided.

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<thead>
<tr>
<th>happiness</th>
<th>abuse</th>
<th>false</th>
<th>anger</th>
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</thead>
<tbody>
<tr>
<td>indifference</td>
<td>dedication</td>
<td>sacrifice</td>
<td>interference</td>
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<td>violence</td>
<td>trust</td>
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<td>fear</td>
<td>embarrassment</td>
<td>love</td>
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<tr>
<td>sincerity</td>
<td>blame</td>
<td>tenderness</td>
<td>acceptance</td>
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<tr>
<td>friendship</td>
<td>pressure</td>
<td>arguments</td>
<td>sharing</td>
</tr>
<tr>
<td>loneliness</td>
<td>security</td>
<td>unhappiness</td>
<td>honesty</td>
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<tr>
<td>true</td>
<td>concern</td>
<td>problems</td>
<td>openness</td>
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<tr>
<td>communication</td>
<td>tolerance</td>
<td>respect</td>
<td>responsibility</td>
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</tbody>
</table>

29. Overall, I would describe my relationship with my parents as:

Happy [ ]
Unhappy [ ]
30. Do you as a family go to church together?
   Yes [ ]
   No [ ]

31. Do you as a family pray together?
   Yes [ ]
   No [ ]

32. To which church do you belong?
   [ ]

33. Do you belong to the same church as your parent/s?
   Yes [ ]
   No [ ]

34. Does your church play a significant role in your life?
   Yes [ ]
   No [ ]

35. Does your pastor / minister play a significant role in your life?
   Yes [ ]
   No [ ]

36. How often do you go to church?
   Very often [ ]
   Often [ ]
   Seldom [ ]
   Never [ ]
37. Why do you go / not go to church?

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

38. Does you pastor EVER talk about sex and sexual behaviour in church?

Yes   

No    

39. Does your pastor EVER talk about HIV/AIDS in church?

Yes   

No    

40. Has your pastor ever addressed the sexual attitudes, behaviour, problems and issues of young adult people in church?

Yes   

No    

41. Does you pastor generally clearly define what is right and wrong behaviour?

Yes   

No    

42. Do you think that your pastor has any idea what young people do and how they behave?

Yes   

No    


43. What is the view of your church on sexual relationships outside marriage? 

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

44. Would you rather have a relationship with a man that you meet:

- In the church? [ ]
- Outside the church? [ ]
- I have no preference [ ]

45. From the list of words given below, choose any SIX words that would best describe the relationship between you and your church. Write the words in the blocks provided.

<table>
<thead>
<tr>
<th>happiness</th>
<th>abuse</th>
<th>false</th>
<th>sincerity</th>
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<td>indifference</td>
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<td>sacrifice</td>
<td>interference</td>
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<td>caring</td>
<td>mistrust</td>
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<td>fear</td>
<td>embarrassment</td>
<td>love</td>
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<td>spiritual</td>
<td>criticism</td>
<td>tenderness</td>
<td>hope</td>
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<tr>
<td>friendship</td>
<td>pressure</td>
<td>blame</td>
<td>sharing</td>
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<td>loneliness</td>
<td>security</td>
<td>unhappiness</td>
<td>honesty</td>
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<tr>
<td>sin</td>
<td>anxiety</td>
<td>forgiveness</td>
<td>openness</td>
</tr>
</tbody>
</table>

46. When you think of the church, which of the following comes to mind? You can mark more than one response here.

- Traditional values [ ]
- Modern values [ ]
- Old fashioned values [ ]
- Biblical values [ ]
47. Do you think of the values taught to you in church when you enter a sexual relationship?
   Yes
   No

48. Do you feel guilty if you do not apply the values taught to you in church?
   Yes
   No

49. Do you think you are a spiritual person?
   Yes
   No

50. What does the word *belief* mean to you?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

51. Write down your reaction to the following statement:
    *I am an African first and then a Christian.*
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
52. Sex outside marriage is a result of:

- Cultural beliefs
- A modern worldview

53. Would you be more influenced by:

- Cultural practices?
- What the Bible teaches?

54. Where is God / Jesus in your life?

________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

55. Where is God / Jesus in your life when you make decisions about sexual behaviour?

________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

56. Does your spirituality and belief involve:

- Matters about the body only?
- Matters about the mind only?
- Matters about the soul only?
- A blend of body, mind and soul?
57. Look at the list of words below. Which of these words remind you of your belief? Choose the SIX words that best describe your own belief and spirituality and write them in the block provided below.

<table>
<thead>
<tr>
<th>purity</th>
<th>soul</th>
<th>holy</th>
<th>freedom</th>
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<tr>
<td>demanding</td>
<td>dedication</td>
<td>repentance</td>
<td>Jesus</td>
</tr>
<tr>
<td>complete</td>
<td>sin</td>
<td>body</td>
<td>truth</td>
</tr>
<tr>
<td>commitment</td>
<td>heaven</td>
<td>innocence</td>
<td>spotless</td>
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<tr>
<td>earth</td>
<td>love</td>
<td>neighbour</td>
<td>yourself</td>
</tr>
<tr>
<td>sacred</td>
<td>love</td>
<td>body</td>
<td>respect</td>
</tr>
<tr>
<td>consistent</td>
<td>love</td>
<td>blameless</td>
<td>rewarding</td>
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<tr>
<td>Satan</td>
<td>restrict</td>
<td>attitude</td>
<td>life style</td>
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<tr>
<td>world view</td>
<td>transgressing</td>
<td>whole</td>
<td>God</td>
</tr>
</tbody>
</table>

58. Look at the list of words below. Which words apply best to sexual relations? Choose the SIX words that would best describe your feelings.

<table>
<thead>
<tr>
<th>gratifying</th>
<th>abuse</th>
<th>wonderful</th>
<th>sincerity</th>
</tr>
</thead>
<tbody>
<tr>
<td>indifference</td>
<td>dedication</td>
<td>pure</td>
<td>interference</td>
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<td>acceptance</td>
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<td>confidentiality</td>
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<td>embarrassment</td>
<td>love</td>
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<td>violation</td>
<td>necessary</td>
<td>tenderness</td>
<td>hope</td>
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<td>friendship</td>
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<tr>
<td>sin</td>
<td>anxiety</td>
<td>happiness</td>
<td>openness</td>
</tr>
<tr>
<td>jealousy</td>
<td>harshness</td>
<td>responsibility</td>
<td>selfishness</td>
</tr>
</tbody>
</table>

59. Can you bring your sexuality and your belief together?

Yes

No
60. Do you think that what you do with your body has anything to do with religion?

Yes  

No  

61. Do you think that belief plays a role in your thoughts and decisions?

Yes  

No  

62. Young women love reading *True Love*. Is this also true for you?

Yes  

No  

63. Which book would you rather read?

*True Love*  

The Bible  

64. Read through the following quotes from *True Love* (June 2001, p. 68) that supports the thrill and joy of quick sex. Answer the questions that follow.

*Tumisang* admits to being a bit of a wild child and adores a brief encounter whenever there’s someone hot and available. “I love it as often as possible – even six or seven times daily, anywhere – preferably somewhere very risky!” she says, giggling. She, too, says doggie-style quick sex is great.

*Mpeo* is a hot-blooded female who says she needs quick sex almost daily. “A quickie with a fling sends blood rushing to my head,” she says. “For me it is an absolute necessity in order to function.” Mpeo prefers being on top to get the satisfaction she needs.

Please write down your reaction to these two quotes.

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________
65. How do you feel about the values portrayed in these quotes?

________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________

66. Do you think Mpeo and Tumisang are in control of their sexuality?

Yes [ ]
No [ ]

67. What would your mother's reaction to these quotations be?

________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________

68. What would your pastor's/priest's view on these stories be?

________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________

69. Do you see Mpeo and Tumisang as very spiritual women?

Yes [ ]
No [ ]

70. How would you describe Tumisang's and Mpeo's sexual behaviour?

Responsible [ ]
Irresponsible [ ]
71. Do you think it is necessary that these two girls change their sexual behaviour?

Yes ☐  No ☐

72. What can be done so that Mpeo and Tumisang change their behaviour?

________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________

73. What qualities are you looking for in a partner? List at least TEN qualities that you can think of.

<table>
<thead>
<tr>
<th>Quality 1</th>
<th>Quality 2</th>
<th>Quality 3</th>
<th>Quality 4</th>
<th>Quality 5</th>
<th>Quality 6</th>
<th>Quality 7</th>
<th>Quality 8</th>
<th>Quality 9</th>
<th>Quality 10</th>
</tr>
</thead>
</table>

74. Does reality match these qualities that you mentioned in the previous question?

Yes ☐  No ☐

75. What makes you happy in your sexual relationship(s)?

________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

152
76. What makes you sad in your sexual relationship(s)?

| YES | NO |
|----------------------------------|
| I use the pill as contraception, I have no use for condoms in my relationship | |
| I can’t feel anything during sex; it feels like my partner is wearing a raincoat | |
| It spoils the romantic moment when we have to stop to put on a condom | |
| My partner will loose his erection if he has to pause and put on a condom | |
| Condoms are unnatural, fake and it turns me off. I like flesh against flesh | |
| I love and trust my boyfriend. | |
| I do not like to ask my boyfriend to use a condom because he may think I am a slut | |
| I am embarrassed to go and buy condoms and carry them around | |
| Condoms are unnatural | |
| I do not want to use condoms, because I want to fall pregnant | |
| My boyfriend is too big; condoms are too small for him | |
| I use condoms because it prevents infection from sexually transmitted diseases and HIV | |
| I use condoms to prevent pregnancy | |
| I use condoms because they are cheap and available | |
| I use condoms because they are easy to use | |
| I use condoms because it makes me feel in control | |

77. In a previous questionnaire that 62 college students filled out, I found that condoms are the biggest issue in relationships. Please indicate your beliefs and experiences about condoms in the list below.
78. Why would condoms be an issue in your relationship?

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________

79. Why would HIV/AIDS be an issue or concern in your relationship?

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________

80. What is your view on pre-marital sex in your relationship?

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________

81. Why would lobola be an issue in your relationship?

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________

82. What are your feelings and concerns towards orgasm in your relationship?

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________

83. How important is pregnancy in your relationships? Tell me whether you want to be pregnant or not.

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________
84. Lack of parental guidance is a problem for young adult females. Do you think it is still a parent’s responsibility to guide you at your age? What must they then DO?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

85. Why would male circumcision be an issue for you?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

86. According to the research already done, condoms are a bigger problem than virginity is. Why is virginity not that big an issue for young women?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

87. Why do young women find masturbation an issue in relationships?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
8. Describe the feelings of the following people on the issues mentioned below:

<table>
<thead>
<tr>
<th>Aspect</th>
<th>your parents</th>
<th>Your pastor/priest</th>
<th>Your partner</th>
<th>Your friends</th>
<th>You when you were at school</th>
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<tbody>
<tr>
<td>Condoms</td>
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<tr>
<td>HIV/AIDS</td>
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</table>

160
### re-marital sex

<table>
<thead>
<tr>
<th>Our parents</th>
<th>Your pastor/priest</th>
<th>Your partner</th>
<th>Your friends</th>
<th>You when you were at school</th>
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### lobola

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<th>Our parents</th>
<th>Your pastor/priest</th>
<th>Your partner</th>
<th>Your friends</th>
<th>You when you were at school</th>
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<td>Orgasm</td>
<td>Your parents</td>
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<th>Your pastor/priest</th>
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<th>You when you were at school</th>
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<td><strong>Parental guidance</strong></td>
<td>Your pastor/priest</td>
<td>Your partner</td>
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<thead>
<tr>
<th><strong>Male circumcision</strong></th>
<th>Your pastor/priest</th>
<th>Your partner</th>
<th>Your friends</th>
<th>You when you were at school</th>
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<td>our parents</td>
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<td>Irginity</td>
<td>Your parents</td>
<td>Your pastor/priest</td>
<td>Your partner</td>
<td>Your friends</td>
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<td><strong>Masturbation</strong></td>
<td>Your parents</td>
<td>Your pastor/priest</td>
<td>Your partner</td>
<td>Your friends</td>
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</table>
89. What do you feel influences or directs your decisions in your relationships?

________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________
________________________________ ____________________________

90. Are the influences on your relationships:

Direct? [ ]
Indirect? [ ]

91. In the table below is a list of aspects that might influence your sexuality and the decisions that you make in relationships. Indicate by a tick mark which of these aspects influence you.

<table>
<thead>
<tr>
<th>Ideas</th>
<th>Religious beliefs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moral opinions</td>
<td>Values</td>
</tr>
<tr>
<td>Family</td>
<td>Neighbours</td>
</tr>
<tr>
<td>Peers</td>
<td>Church</td>
</tr>
<tr>
<td>College</td>
<td>Dating</td>
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<tr>
<td>Marriage</td>
<td>Law</td>
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<tr>
<td>Customs</td>
<td>Media</td>
</tr>
<tr>
<td>Advertising</td>
<td>Motherhood</td>
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<tr>
<td>Sexual arousal</td>
<td>Appearance</td>
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<tr>
<td>Emotions</td>
<td>Development</td>
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<tr>
<td>Self-concept</td>
<td>Learned attitudes</td>
</tr>
<tr>
<td>Learned behaviour</td>
<td>Experience</td>
</tr>
</tbody>
</table>

92. What strategies (steps) do you follow to make responsible decisions in your relationships?
93. After working through the questionnaire you might have a clearer picture of the influence of your parents on your relationships. Write down in a few sentences how you think their view influence the decisions you make.

94. What can your parents do differently?

95. How do your church’s perceptions and views influence the decisions you make in your sexual relationships?

96. What can you church / pastor do differently?
97. How do your own spirituality, ethical beliefs and values influence the decisions you make in your relationships?

________________________________
________________________________
________________________________
________________________________

98. Do your friends have any real influence over your sexual decision-making?

________________________________
________________________________
________________________________
________________________________

99. Do you sometimes feel dominated and overwhelmed by your decision-making in your sexual relationship(s)?

Yes
No

100. Would you like your parents to give you guidance about relationship issues?

Yes
No

101. Do you feel that it is your parent’s duty to give you guidance?

Yes
No

102. What would you like your parents to say?

________________________________
________________________________
________________________________
________________________________
103. Would you like the church / your pastor to give you advice, information and guidance on sexual matters?

Yes

No

104. Do you think the church has a duty to give guidance?

Yes

No

105. What would you like the church to do in relation to guidance?

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________

________________________________ ____________________________
Look at the advertisement published by *loveLife*. This publication is geared at “promoting healthy living and positive sexuality”. Let us help the younger teenagers to develop a responsible and healthy sexuality. Reflect a while and think of all the advice you would give a younger girl about her sexuality. Write down the thoughts, words, sentences, advice, ideas and experiences that come up while you are thinking.

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Thank you for taking part in the research!