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List of abbreviations

Baby Boomer	Persons born between 1946 and 1964
CVD	Cardio Vascular Disease
CHD	Coronary Heart Disease
ERT	Oestrogen Replacement Therapy
EFA's	Essential Fatty Acids
HBM	Health Belief Model
HDL	High Density Lipoproteins
HIPAA	Health Insurance Portability and Accountability
HPLF	Health Promotion Lifestyle Profile
HRT	Hormone Replacement Therapy
HPM	Health Promotion Model
IRB	Institutional Research Board
FDA	Food and Drug Administration
LDL	Low Density Lipoprotein
MEDICAID	Title XIX of the Social Security Act is a Federal/State entitlement program that pays for medical assistance for certain individuals and families with low incomes and resources
MEDICARE	The national health insurance program for: People age 65 or older; persons under 65 with disabilities; persons with end stage renal disease
MFMER	Mayo Foundation for Medical Education and Research
NNU	Northwest Nazarene University
PAP Smears	Papiniculae smears
Unisa	University of South Africa
USA	United States of America
WHI	Women's Health Organization
WHO	World Health Organization