



## 37        1. Introduction

38    *Pelargonium sidoides*, which grows naturally in South Africa, is used in the Eastern Cape  
39    Province for the treatment of several cold related ailments in humans and livestock (Lewu *et*  
40    *al.*, 2006, Brendler and van Wyk, 2008,). Furthermore, Helfer *et al.* (2014) also proposed that  
41    *P. sidoides* root extract has shown anti-HIV-1 properties. Up to now *P. sidoides* plant  
42    material for medicinal use has almost exclusively been harvested from the wild. However,  
43    there has been an increase in demand for the plant for traditional use as well as by local and  
44    international pharmaceutical companies (Lewu *et al.*, 2007). As a result, cultivation has been  
45    considered as a viable means of reducing the pressure on natural *P. sidoides* populations.  
46    Information on the cultivation of medicinal plants such as *P. sidoides* is, however very  
47    limited and therefore further research was needed. Water and nutrient supply are two of the  
48    most important factors that can affect growth, biomass yield and chemical composition of  
49    plants and therefore this study focused on these two production factors. Exchange of water  
50    and carbon dioxide (CO<sub>2</sub>) between leaves and the ambient air are important plant processes  
51    by which heat is dissipated through transpiration, while a primary substrate for  
52    photosynthesis is taken up (Streck, 2003). The ability of plants to adjust gaseous exchange  
53    through stomata permits them to control water relations and carbon assimilation; and the  
54    opening of the stomatal pore reflects a compromise between the photosynthetic requirement  
55    for CO<sub>2</sub> and the availability of water (Tricker *et al.*, 2005). Regulation of leaf expansion and  
56    stomatal conductance are the main mechanisms by which plants respond to soil water deficit  
57    (Liu and Stützel, 2002, Eiasu *et al.*, 2012). High transpiration causes stomatal closure,  
58    possibly by increasing the water potential gradient between the guard cells and other  
59    epidermal cells or by lowering the leaf water potential, either of which directly decrease the  
60    turgor pressure of guard cells relative to other epidermal cells or affect hormonal distribution  
61    (Bunce, 1996).

62    Water deficit in plants leads to physiological disorders, such as a reduction in photosynthesis  
63    and transpiration (Petropoulos *et al.*, 2008); however the effects vary between species  
64    (Karkanis *et al.* 2011). Both photosynthesis and transpiration, which are closely related to dry  
65    matter production, are regulated by a stomatal feedback control mechanism which, in turn, is  
66    influenced by water deficits (Kumar *et al.*, 1994, Bota *et al.*, 2004). The limitation of plant  
67    growth enforced by low water availability is mainly due to decreases in plant carbon balance,  
68    which is dependent on the balance between photosynthesis and respiration (Flexas *et al.*,  
69    2006). An early response to water stress supports immediate survival, whereas acclimation,

70 calling on new metabolic and structural capabilities mediated by altered gene expression,  
71 help to improve plant functioning under stress (Chaves *et al.*, 2002). Shoot growth is more  
72 sensitive to water deficit than root growth and the mechanisms underlying the sustained root  
73 growth under water stress include osmotic adjustment and an increase in the loosening  
74 capacity of the cell wall (Chaves *et al.*, 2002).

75 Nitrogen increases leaf area index (LAI) and also improve the physiological properties of the  
76 plant (Kara and Mujdeci, 2010). Nitrogen is a component of many biological compounds that  
77 plays a major role in photosynthetic activity and crop yield capacity; and its deficiency  
78 constitutes one of the major yield limiting factors for production (Hokmalipour and Darbandi,  
79 2011). Nitrogen deficiency leads to loss of green colour in the leaves, decreased leaf area and  
80 intensity of photosynthesis, leading to reduced photosynthate production and thus lowers  
81 yields (Alva, *et al.*, 2006, Bojović and Marković, 2009). Over application of nitrogen causes  
82 many environmental pollution problems (Lee *et al.*, 2011) and can lead to decreased yields  
83 due to luxury consumption (Alva *et al.*, 2006). Leaf area influences the interception and  
84 utilization of solar radiation of crop canopies (Hokmalipour and Darbandi, 2011), but it also  
85 plays an important role in water use (Liu and Stützel, 2002). LAI is a significant feature for  
86 the determination of plant photosynthetic activity and is a crucial structural characteristic of  
87 plants due to the role of green leaves in controlling many biological and physical processes in  
88 plant canopies (Kara and Mujdeci, 2010).

89 Deficit irrigation is becoming an important strategy to reduce agricultural water use in arid  
90 and semi-arid regions (Ayana, 2011). It is the practice of deliberately under irrigating crops to  
91 reduce water consumption while minimizing adverse effects of extreme water stress on yield  
92 (Ayana, 2011). Deficit irrigation does not always decrease yield, as deficit properly applied in  
93 some development stages may even increase crop yield (Bilibio *et al.*, 2011).

94 Plants take up inorganic nitrogen contained in the water absorbed from soil solution through  
95 their root systems and thus, the fate of nitrogen is certainly coupled to that of water reaching  
96 the soil in the root zone (Alva *et al.*, 2006). Water and nitrogen deficiency induces alterations  
97 of many morphological and physiological processes (Shangguan *et al.*, 2000). Information on  
98 the response of *P. sidoides* to different water stress and nitrogen deficiency levels is not  
99 known and thus the objective of this study was to investigate the effect of water stress and  
100 nitrogen level on physiology and morphology of *P. sidoides*.

101

## 102        **2. Materials and methods**

103        The trial was conducted in a rainshelter at the Agricultural Research Council-Roodeplaat  
104        Vegetable and Ornamental Plant Institute (ARC-Roodeplaat VOPI), Pretoria, South Africa  
105        (25°59'S; 28°35'E and 1 200 m.a.s.l.). Soil samples were collected from the experimental site  
106        for analysis. The physical and chemical properties of the soil are presented in Tables 1 and 2,  
107        respectively, while as summary of the weather data recorded by a weather station (Campbell  
108        Scientific, USA) at the experimental site during the experiment period is shown in Table 3.

### 109        2.1. Plant material and experimental design

110        The mother material was acquired from a nursery at the Golden Gate Highlands National  
111        Park, in the Free State province of South Africa, in 2010 and grown under shade-net (40%  
112        shade effect, grey colour) at ARC-Roodeplaat VOPI. Root cuttings were made from the  
113        mother plants in January 2012.

114        Rooted cuttings of *P. sidoides* (four months old) were transplanted to the rainshelter in May  
115        2012 and harvested in June 2013. The trial was a factorial experiment designed as a  
116        randomized complete block design. The two factors were water and nitrogen levels. Each  
117        treatment plot was 4.5 m<sup>2</sup> in size, with 30 plants planted at a spacing of 0.5 m between the  
118        rows and 0.3 m in the row. The treatments were replicated three times and each replicate had  
119        12 treatment plots.

### 120        2.2. Irrigation and fertilizer application

121        A neutron probe (Waterman, Probe Version 1.6, 2005, Geotech) was used to monitor soil  
122        water loss. The instrument was calibrated against different soil water contents determined  
123        gravimetrically to a depth of 1.0 m, at intervals of 0.2 m and calibration functions were  
124        developed (Shenkut *et al.*, 2013).

125        The predetermined water treatments applied were 30, 50 and 70% allowable depletion level  
126        (ADL) of plant available water (PAW), where a specific percentage was allowed to deplete  
127        from the effective rooting depth before refilling the soil profile back to field capacity. The  
128        effective rooting depth was determined as 400 mm, from previous observations. A non-  
129        regulated drip irrigation system (Netafim, South Africa) with a discharge rate of 2000 ml per  
130        hour and maximum pressure of 270 kPa was used for irrigation. The treatments were applied  
131        from seven months after planting to give the plants enough time to establish.

132 A base application of potassium (K) and phosphorus (P) were applied five days after  
133 planting, based on soil nutrient status (Table 1 & 2) and estimated nutrient requirements of  
134 rose-scented geranium (Araya *et al.*, 2006), since there was no recommendation available for  
135 *P. sidoides*. K was applied as potassium chloride (50% K) at the rate of  $110 \text{ kg} \cdot \text{K} \cdot \text{ha}^{-1}$  and  
136 P was applied as single-super phosphate (11% P) at the rate of  $30 \text{ kg} \cdot \text{P} \cdot \text{ha}^{-1}$ , as a once off  
137 to boost the plants.

138 The nitrogen treatments were at different levels, where N was applied at the following rates:  
139 0, 50, 100 and  $150 \text{ kg} \cdot \text{N} \cdot \text{ha}^{-1}$ . The N source used was Limestone Ammonium Nitrate  
140 (LAN, 28% N). The fertilizer was applied in two split applications of 50% each, with the first  
141 N application eight weeks after planting and the second application four months after  
142 planting.

143

### 144 2.3. Data collection and statistical analysis

145 Leaf area index (LAI) was measured non-destructively, using a LAI 2200 plant canopy  
146 analyzer (Li-Cor Bioscience, USA). The instrument uses measurements made above and  
147 below the canopy to calculate light interception at five zenith angles, from which LAI is  
148 computed using a model of radiative transfer in vegetative canopies. One above canopy  
149 reading and four below canopy readings were taken using the  $270^\circ$  view cap; and this was  
150 replicated two times in each plot. Plant height (cm) was measured and the number of leaves  
151 were counted manually. LAI and plant height measurements were taken on a monthly basis  
152 after treatment implementation. After harvesting, the total leaf area per plant was measured  
153 with a leaf area meter (Li-3100 leaf area meter, Li-Cor Inc., Lincoln, USA).

154

155 Stomatal conductance, which is a measure of the rate of passage of carbon dioxide ( $\text{CO}_2$ ) or  
156 water vapour through the stomata of a leaf, was measured using the SC-1 Leaf porometer  
157 (Decagon Devices, USA), on a monthly basis. Stomatal conductance is described as a  
158 function of the density, size, and degree of opening of stomata. The measurements were taken  
159 on the abaxial (bottom) side of a matured fully expanded leaf, during midday when the  
160 environmental factors were at their peak.

161

162 Data was subjected to analysis of variance (ANOVA) using *GenStat*® version 11.1 (Payne *et*  
163 *al.*, 2008). Treatment means were separated using Fisher's protected T-test least significant  
164 differences (LSD) at 5% level of significance (Snedecor and Cochran, 1980).

#### 165 2.4 Scanning Electron Microscope (SEM)

166 Three leaf samples were collected and observed under an electron microscope to observe the  
167 stomata, following the method described by Motsa (2006) and Eiasu *et al.* (2012). The  
168 samples comprised of young, mature and old leaves. Samples (10 mm x 10 mm) were cut  
169 from each leaf sample and fixed in glutaraldehyde (3% w/v) immediately after cutting from  
170 the plant. They were then rinsed thoroughly with a phosphate buffer (0.1 M, pH 7.0) for 15  
171 minutes, and repeated three times. Thereafter the samples were dehydrated in ethanol series  
172 (30 – 100% w/v) and then dried in a critical point drying apparatus (Bio-Rad E300, Watford,  
173 England). The dried samples were mounted on copper stubs and coated with gold in a  
174 vacuum coating unit (Polaron E5200C, Watford, England). The samples were then observed  
175 under a JSM 840 scanning electron microscope (JEOL, Tokyo, Japan) at 2000X  
176 magnification.

177

### 178 **3. Results and discussion**

#### 179 3.1. Growth response

180 Nitrogen and water level interaction had no significant effect on the growth parameters  
181 measured. Table 4 shows the average LAI, plant height and number of leaves per plant  
182 (means across treatments) taken from seven months after planting until 11 months after  
183 planting, which was four months after water treatment application. Average LAI, plant height  
184 and number of leaves per plant decreased over the growing period across all water treatments  
185 (Table 4). The results in Figure 1, further shows that the LAI for the well watered treatment  
186 (30% ADL) dropped slightly after one month of water treatment application, but thereafter  
187 there were no further significant reductions. The well watered treatment always had a  
188 significantly higher LAI throughout the growing period (Figure 1). Though the severely  
189 stressed treatment (70% ADL) had the lowest LAI throughout, it was not significantly  
190 different from the moderately stressed treatment (50% ADL). A number of studies on  
191 different crops have also reported a decline in LAI values due to water stress. In their studies,  
192 Eiasu *et al.* (2008, 2009) also found that the LAI of rose-scented geranium was negatively  
193 affected by water stress, with a significant decline in LAI between the well watered and the  
194 water stressed treatments. Laurie *et al.* (2009) found a large reduction in LAI, of about 64 -  
195 80%, due to reduced irrigation on different sweet potato varieties.

196 Plant height was also significantly reduced by water stress, as shown in Figure 2. The well  
197 watered treatment had a significantly higher plant height but there were no significant  
198 differences observed between the moderately and severely stressed treatments. Mabhaudhi *et*  
199 *al.* (2011) reported a marginal decrease in plant height of bambara landraces under rainfed  
200 conditions when compared to irrigated conditions. This could be due to the lower amount of  
201 rain received by crops under rainfed conditions. Alishah *et al.* (2006) found that in basil an  
202 increase in water stress levels resulted in a decrease in plant height. Similar results were also  
203 reported for *Jatropha curcas* (Hedayati *et al.*, 2013).

204 Within the second month of water treatment application (8 months after planting - MAP)  
205 there were no significant differences in number of leaves across all the treatments (Figure 3).  
206 However after three and four months of water treatment application (9 and 10 MAP,  
207 respectively) the severely stressed treatment (70% ADL) had a significantly lower number of  
208 leaves, while there were no significant differences between the well watered treatment and  
209 the moderately stressed treatments. No significant differences were observed again at four  
210 months after water treatment application between all the treatments. The sudden increase in  
211 number of leaves, 11 month after planting, was due to the fact that the data was taken a week  
212 after irrigation of all water treatments, resulting in plant recovery. Since most of these new  
213 leaves were small, the mean LAI did not increase (Figure 1). Significant reductions in the  
214 number of leaves due to water stress were also reported in other crops such as parsley  
215 (Petropoulos *et al.*, 2008), basil (Alishah *et al.*, 2006) and common beans (Ghanbari *et al.*,  
216 2013). According to Munné-Bosch and Alegre (2004) leaf senescence is an adaptive strategy  
217 that contributes to plant survival under stress, including water stress. Decreasing of canopy  
218 leaf area through reduced growth, is also another strategy to minimize water loss under water  
219 stress conditions (Chaves *et al.*, 2003) Leaf senescence may be sequential, starting gradually  
220 from oldest to youngest leaves, and depending on the duration and severity of stress, may  
221 allow young leaves to grow once stressful conditions have passed (Munné-Bosch and Alegre,  
222 2004). A decrease in total leaf surface due to water stress induced senescence leading to leaf  
223 abscission, was reported on *Cichorium intybus* (Vandoorne *et al.*, 2012).

224

225 Water stress also had a significant effect on leaf area, as indicated in Table 5. There was a  
226 declining trend in leaf area with an increase in water stress. The well watered treatment had a  
227 significantly higher leaf area compared to the severely stressed treatment. The moderately

228 stressed treatment showed no significant difference in leaf area when compared to both the  
229 well watered treatment and severely stressed treatment, respectively. Similar results were  
230 reported by Liu *et al.* (2006) on potatoes, where the full irrigation treatment (irrigating to  
231 compensate for the full evapotranspiration water loss) had a significantly higher leaf area  
232 compared to the deficit irrigation and partial root drying treatments, with no significant  
233 differences observed between the two stress treatments. Karkanis *et al.*, 2011, found the  
234 lowest leaf area of velvetleaf plant for the water stressed treatment (50% field capacity refill)  
235 with the highest leaf area in the well watered control (100% field capacity refill). In another  
236 study on vegetable amaranth, Liu and Stützel (2002) reported a significantly lower leaf area  
237 for water stressed plants, where irrigation was withheld for a certain period, compared to the  
238 control which was irrigated to 90% of the water holding capacity of the soil, for all genotypes  
239 studied.

240

241 Although nitrogen application had no significant effect on the other parameters, it had an  
242 effect on number of leaves at harvest. Figure 4 shows that nitrogen at the rate of  $100 \text{ kg} \cdot \text{N} \cdot$   
243  $\text{ha}^{-1}$  had a significantly higher number of leaves, than the other treatments. Hussain *et al.*  
244 (2006) reported that the maximum number of branches per plant was found with the  
245 application of  $90 \text{ kg} \cdot \text{N} \cdot \text{ha}^{-1}$ , on asparagus. Zhu *et al.* (2009) found that the application of  
246 medium amounts of N and P fertilizer on *Bupleuri radix*, either alone or in combination,  
247 increased shoot growth amongst other parameters. Araya *et al.* (2006) reported that  
248 application of organic N at the rate of  $100 \text{ kg} \cdot \text{ha}^{-1}$  increased fresh herbage and oil yield of  
249 rose scented geranium, compared to the control in the first harvest. In the second harvest both  
250 inorganic and organic N at the rate of  $100 \text{ kg} \cdot \text{ha}^{-1}$  increased fresh herbage and oil yield over  
251 the control (Araya *et al.*, 2006). Number of leaves has direct relationship with essential oil  
252 yield.

253

### 254 3.2. Stomatal conductance

255 The average stomatal conductance of *P. sidoides* as affected by water stress at different times  
256 over the growth period is shown in Figure 5. Stomatal conductance of the well watered  
257 treatment (30% ADL) was always significantly higher than that of the stressed treatments,  
258 while the 50% and 70% ADL treatments did not differ significantly from each other in most



259 cases. Nitrogen did not show a significant effect on stomatal conductance. Green and  
260 Mitchell (1992) also reported a lack of N-related difference in stomatal response to water  
261 stress of loblolly pine seedlings.

262

263 The stomatal conductance results, when observed across water stress treatments (Table 5),  
264 showed that it decreased with an increase in the stress. The well watered treatment had a  
265 significantly higher stomatal conductance compared to the other two water treatments. The  
266 moderately stressed treatment (50% ADL) also had a significantly higher stomatal  
267 conductance than the severely stressed treatment (70% ADL). The results on stomatal  
268 conductance in this study are consistent with results of work done on other crops. Eiasu *et al.*  
269 (2012) found that rose-scented geranium plants (*Pelargonium* spp) exposed to water stress  
270 had a lower stomatal conductance compared to those irrigated more often. Karkanis *et al.*  
271 (2011) reported that water stress reduced stomatal conductance of velvetleaf by 37 – 89%.  
272 All the species studied by Galméz *et al.* (2007) showed a progressive decline in stomatal  
273 conductance as water stress intensified.

274 The increase in stomatal conductance observed in month 10 and 11, could have been due to a  
275 decrease in vapor pressure deficits (VPD) in March and April 2013 (Table 3). Increases in  
276 VPD between leaf and air results in partial closure of the stomata, thus decreasing stomatal  
277 conductance so as to prevent excessive dehydration and physiological damage (Oren *et al.*,  
278 1999, Ocheltree *et al.*, 2014). Sweet pepper plants grown under low VPD consistently  
279 maintained a higher stomatal conductance compared to plants grown at ambient and high  
280 level VPD (Zabri and Burrage, 1998). Similar results were reported by Comstock and  
281 Ehleringer (1993) in their study on common beans; and Dai *et al.* (1992) on castor bean.

282

283 The higher stomatal conductance observed at the well watered treatment was the result of  
284 fully open stomata on both the abaxial and adaxial side of the leaves (Figure 6). The stomata  
285 on the moderately stressed samples were opened on the abaxial side and partially closed on  
286 the adaxial side of the leaf sample. The lowest stomatal conductance on the severely stressed  
287 plants was due to the stomata that were partially closed on the abaxial side to fully closed on  
288 the adaxial side, as was observed on the leaf samples.

289 Though stomatal regulation in response to water stress has been a controversial issue for  
290 long, it has been recognized that stomatal closure results in a limiting resistance, controlling  
291 the flow of water through the plant (Comstock and Mencuccini, 1998). The mentioned study  
292 suggested a simple threshold model where stomatal closure is triggered as leaf water potential  
293 reaches a critical stress level. Stomatal closure is thus amongst the earliest responses to water  
294 stress, protecting the plants from extensive water loss (Chaves *et al.*, 2003).

295

### 296 3.3 Fresh root yield

297 Fresh root yield ( $\text{kg} \cdot \text{plant}^{-1}$ ) followed the same trend as LAI, where water stress  
298 significantly reduced the yield (Table 5). The well watered treatment had a significantly  
299 higher root fresh yield than the water stressed treatments for both parameters and there was  
300 no significant difference between the water stressed treatments. Vandoorne *et al.* (2012), in  
301 their study on root chicory, found that the mean root fresh yield was lowered by water stress,  
302 with a decrease of more than 50%, compared to the control. Fresh root yield of plain leafed  
303 and turnip rooted parsley exposed to higher water stress was also significantly reduced  
304 (Petropoulos *et al.* 2008). Similarly, Darwish *et al.* (2006) reported that severe deficit  
305 irrigation (60% ET) led to a 21% loss in potato fresh yield, due to lowered tuber dry matter  
306 production and average mass of the commercial tubers.

307

## 308 4. Conclusions

309 There was no significant interaction effect between nitrogen and water level for all the  
310 parameters measured in this study. Water stress significantly decreased stomatal conductance.  
311 Closing of the stomata is a physiological mechanism employed by plants to cope with water  
312 stress. However, because stomata are the pathway for water and  $\text{CO}_2$  exchange with the  
313 atmosphere, this mechanism has a negative effect on photosynthesis, and therefore on plant  
314 growth and yield. Microscopic observations confirmed that *P. sidoides*, like most other plant  
315 species, respond to water stress by closing their stomata. It was also observed that water  
316 stress resulted in closing of the stomata on the adaxial side of the leaves first, followed by  
317 closing of those on the abaxial side.

318 Morphologically, plants respond to water stress by leaf senescence, smaller canopy and  
319 smaller leaves, amongst others. *P. sidoides* showed similar response with reductions in LAI,

320 plant height and leaf area per plant. These observed morphological responses and reduced  
321 fresh root yield were probably the result of reduced photosynthetic rate, since CO<sub>2</sub> uptake was  
322 decreased by closing of the stomata.

323 Nitrogen had a significant effect on number of leaves per plant, but not on leaf area, which  
324 means that although more leaves were stimulated, they were not bigger in size and therefore  
325 did not result in higher LAI. The study presented the first results on response of *P. sidoides* to  
326 water stress and nitrogen levels, which could be important in the establishment of nitrogen  
327 and water management guidelines for cultivation of *P. sidoides*.

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333

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Table 1. Physical properties of the experimental site soil.

Soil Depth (cm)	*Sand				*Silt		*Clay	*PWP	*FC	BD
	Coarse	Medium	Fine	Very fine	Coarse	Fine				
	mm (PS)									
	2 – 0.5	0.5 – 0.25	0.25–0.106	0.106–0.05	0.05–0.02	0.02–0.002	<0.002			
Top soil (0–20)	4.7	17.2	26.2	11.9	10.9	10.4	16.5	10.3	19.9	1.59
Sub soil (20–40)	3.6	15.9	23.2	12.1	7.2	13.8	22.1	12.9	25.5	1.56

498 \*Percentage, PWP: permanent wilting point, FC: field capacity, BD: bulk density, PS: particle size

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501 Table 2. Chemical properties of the experimental site soil.

Soil depth (cm)	Fe	Mn	Cu	Zn	Ca	Mg	Na	P	K	Total N %	pH H <sub>2</sub> O
	mg/kg										
Top soil (0–20)	13.74	44.10	9.24	14.00	980	298	24.7	80.9	134	0.028	7.26
Sub soil (20–40)	9.74	28.50	5.64	7.43	1201	370	39.4	60.4	94	0.026	7.44

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504 Table 3. Summary of weather data collected during the experiment period.

Month (2013)	Temperature (°C)		Wind speed (ms)	Relative humidity (%)		VPD (kPa)	Rainfall (mm)
	Average						Total
	max	min		max	min		
Jan	30.73	16.85	0.90	87.45	34.61	1.28	90.3

Feb	32.06	15.77	0.81	88.80	27.89	1.40	35.0
Mar	29.53	14.43	0.75	89.78	30.54	1.11	75.9
Apr	26.10	9.21	0.67	91.70	32.39	0.89	98.2
May	24.83	4.97	0.59	89.73	23.43	0.87	0.55

505 \*Max: maximum, min: minimum, VPD: vapor pressure deficit

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510 Table 4. Averages of plant height, number of leaves and leaf area index of *P. sidoides* over  
511 the growth period.

Growth period (MAP*)	LAI (m <sup>2</sup> leaf area/m <sup>2</sup> ground area )	Plant height (cm)	Number of leaves/plant
7	1.40 <sup>a</sup>	-	-
8	1.18 <sup>b</sup>	17.4 <sup>a</sup>	173 <sup>a</sup>
9	1.08 <sup>bc</sup>	17.8 <sup>a</sup>	162 <sup>b</sup>
10	0.95 <sup>cd</sup>	16.5 <sup>b</sup>	153 <sup>c</sup>
11	0.88 <sup>d</sup>	14.3 <sup>c</sup>	123 <sup>d</sup>
<b>LSD</b> <sub>0.05</sub>	0.13	0.65	9.07

512 \*MAP = month after planting. Values with different letters are significantly different from  
513 each other. Values represent means across all water treatments. LSD: least significant  
514 differences.

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516 Table 5. Average leaf area index, leaf area per plant, stomatal conductance and fresh root  
517 yield per plant of *P. sidoides* in response to water stress.

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Treatments ADL (%)	Mean LAI m <sup>2</sup> leaf area · m <sup>-2</sup> ground area	Mean leaf area cm <sup>2</sup> · plant <sup>-1</sup>	Mean conductance mmol m <sup>-2</sup> s <sup>-1</sup>	Fresh root yield (kg · plant <sup>-1</sup> )
30	1.328 <sup>a</sup>	899.6 <sup>a</sup>	100.5 <sup>a</sup>	0.30 <sup>a</sup>

50	1.009 <sup>b</sup>	707.9 <sup>ab</sup>	49.04 <sup>b</sup>	0.22 <sup>b</sup>
70	0.934 <sup>b</sup>	617.3 <sup>b</sup>	36.44 <sup>c</sup>	0.21 <sup>b</sup>
LSD <sub>0.05</sub>	0.11	204	9.99	0.04

519 \*LSD: least significant difference, ADL: allowable depletion level.

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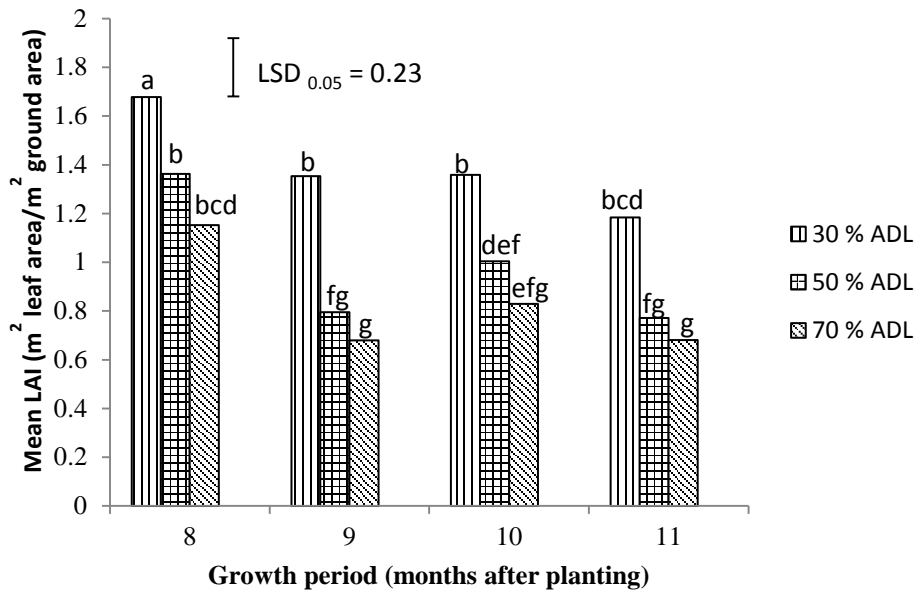
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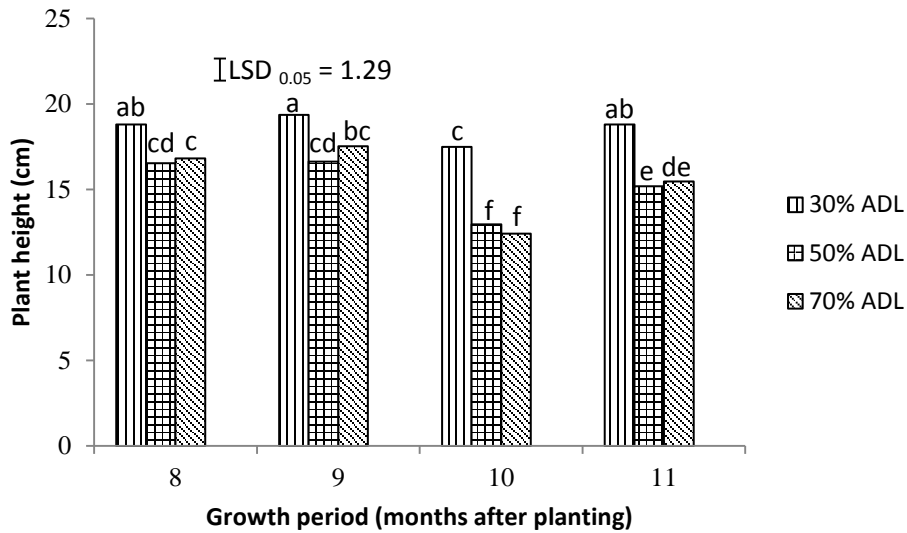
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528 Fig. 1. Leaf area index of *P. sidoides* in response to water treatment, over the growing period.

529 LSD: least significant difference, ADL: allowable depletion level.

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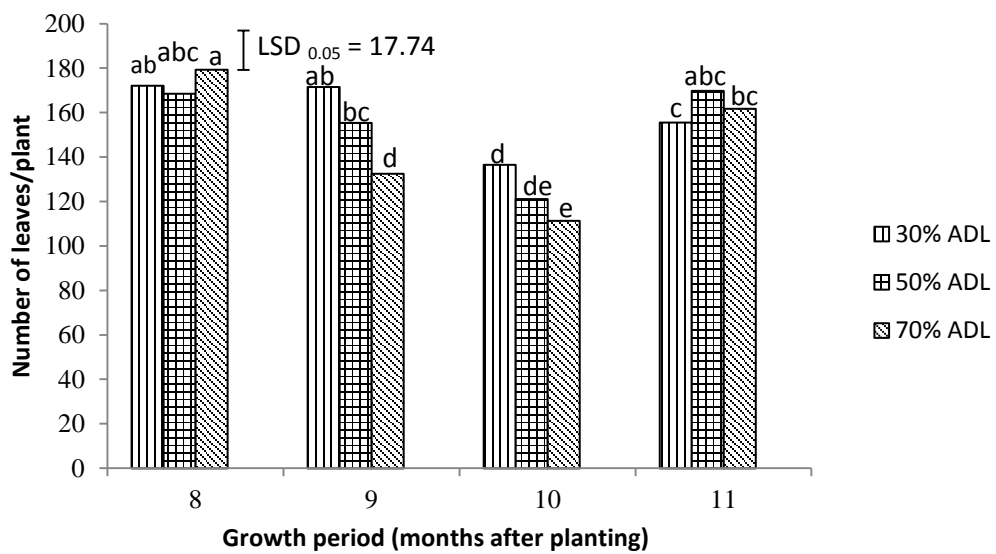
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533 Fig. 2. Plant height of *P. sidoides* over the growing period in response to water treatment.

534 LSD: least significant difference, ADL: allowable depletion level.

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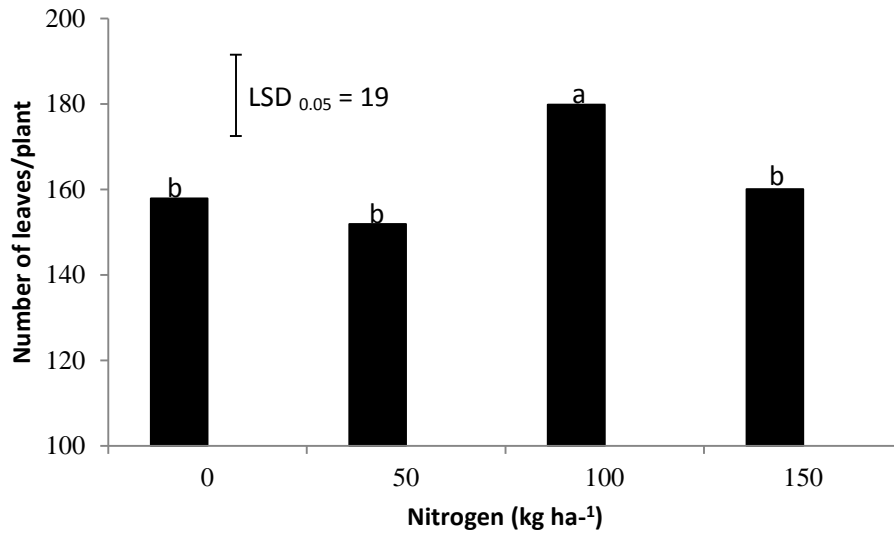


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538 Fig. 3. Number of leaves of *P. sidoides* over the growing period, in response to water

539 treatment. LSD: least significant difference, ADL: allowable depletion level.

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542 Fig. 4. Average number of leaves per plant in response to nitrogen level, at harvesting. LSD:

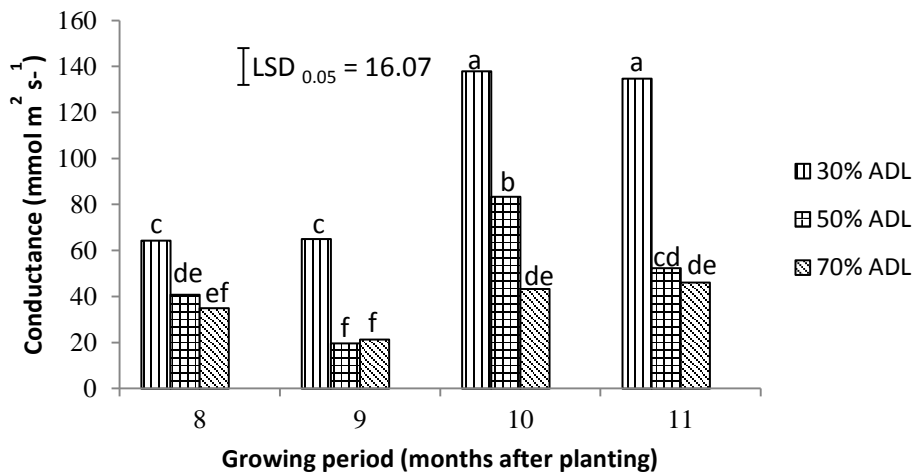
543 least significant difference.

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549 Fig. 5. Average stomatal conductance of *P. sidoides* at different times over the growing

550 period, in response to water treatments. LSD: least significant difference, ADL: allowable

551 depletion level.

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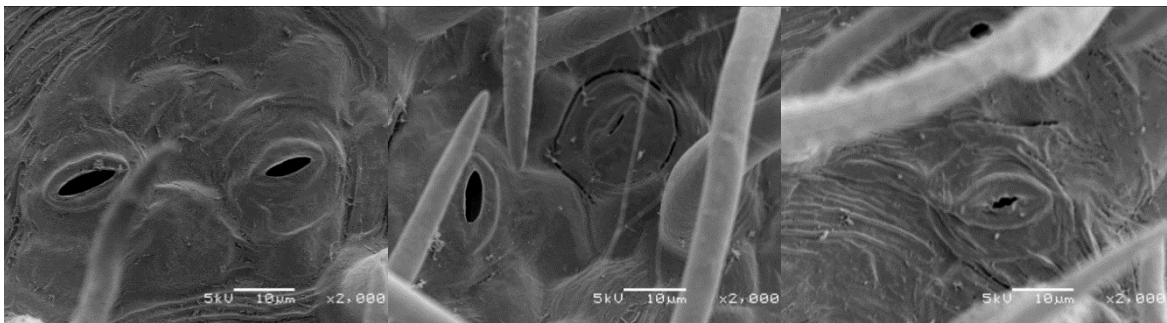
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30% ADL

50% ADL

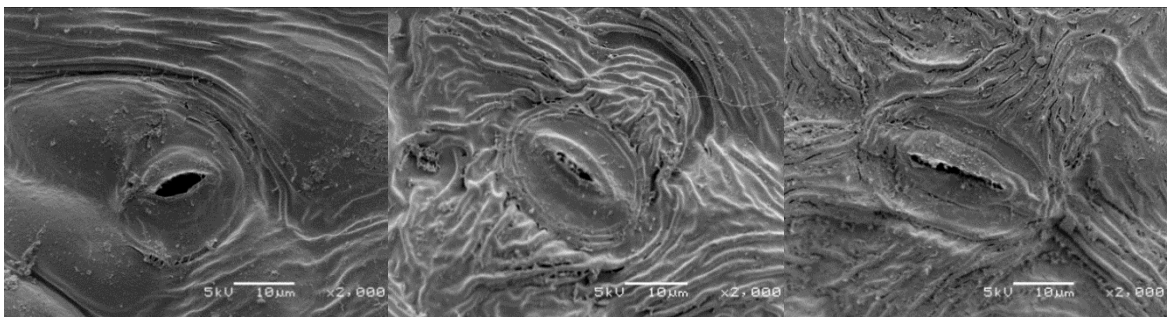
70% ADL

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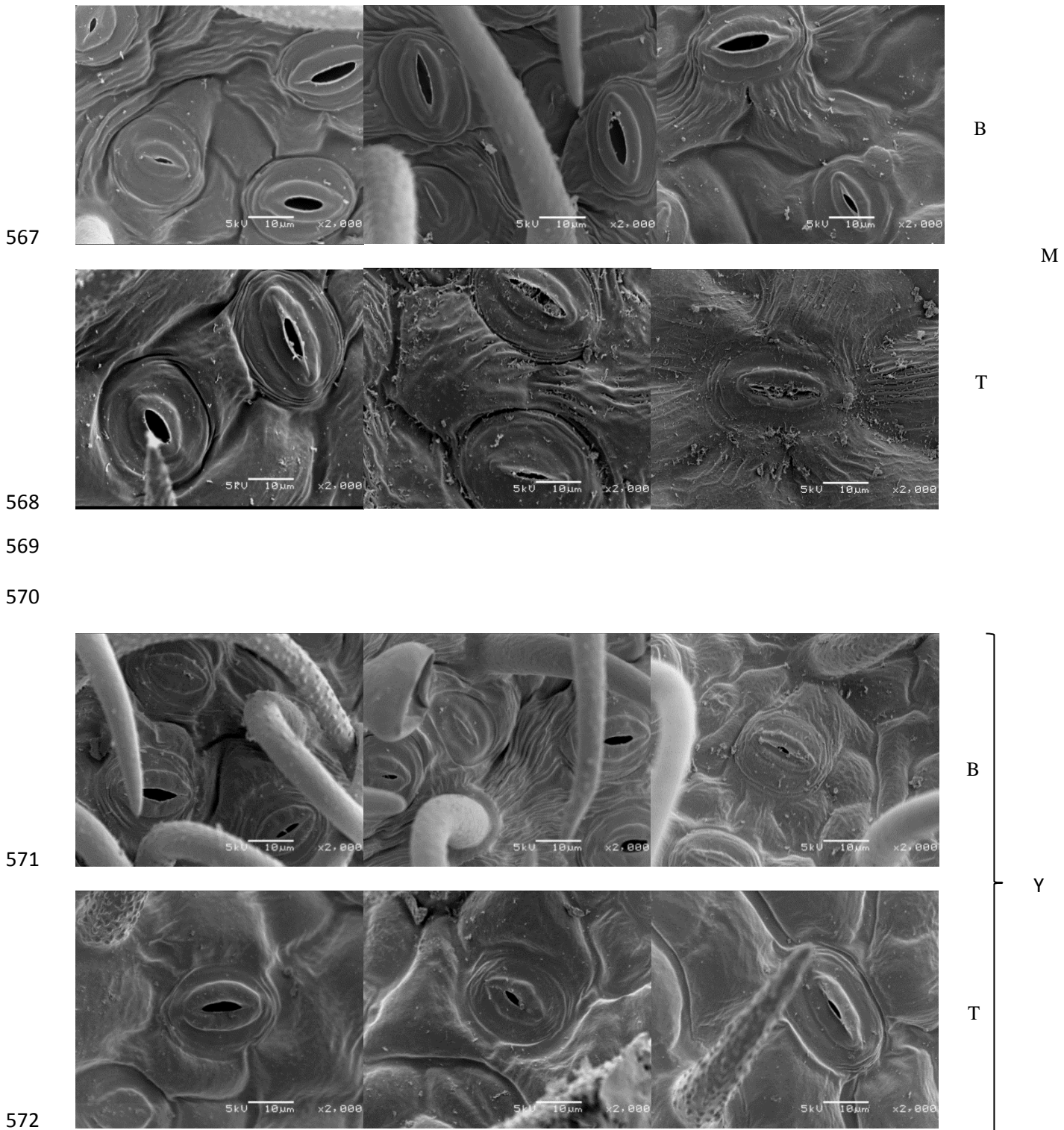
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573 Fig. 6. *P. sidoides* leaf samples showing stomatal pores as observed under an electron  
 574 microscope. O = old leaves, M = mature leaves and Y = young leaves. B = abaxial side and T  
 575 = adaxial side.

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