## APPENDIX

## Appendix A

The Beliefs about Language Learning Inventory
Overall Groups
Administration 1

The Beliefs about Language Learning Inventory
Administration 1
Overall Group
Experimental Group $\mathrm{N}=28$
Control Group $\mathrm{N}=33$

| 28 |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Questions | SA | A | N | D | SD | SA | A | N | D | SD |
| Difficulty of foreign language learning. |  |  |  |  |  |  |  |  |  |  |
| 4. English is: | $\begin{aligned} & \hline \mathrm{VD} \\ & 7 \% \end{aligned}$ | $\begin{aligned} & \mathrm{D} \\ & 25 \% \end{aligned}$ | $\begin{aligned} & \mathrm{MD} \\ & 39 \% \end{aligned}$ | $\begin{aligned} & \mathrm{E} \\ & 28 \% \end{aligned}$ | $\overline{\mathrm{VE}}$ | $\begin{aligned} & \hline \text { VD } \\ & 27 \% \end{aligned}$ | $\begin{aligned} & \hline \mathrm{D} \\ & 24 \% \end{aligned}$ | $\begin{aligned} & \hline \text { MD } \\ & 33 \% \end{aligned}$ | E $12 \%$ | $\begin{aligned} & \hline \mathrm{VE} \\ & 3 \% \end{aligned}$ |
| 5. I will learn to speak English well. | 46\% | 43\% | 7\% | 3\% |  | 51\% | 30\% | 12\% | 3\% | 3\% |
| 15. In 1 hr per day, how long would it take to learn English? | $\begin{aligned} & \hline-1 \mathrm{yr} \\ & 7 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 1- \\ & 2 \mathrm{yrs} \\ & 21 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 3-5 y r s \\ & 29 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 5-10 \mathrm{yrs} \\ & 11 \% \\ & \hline \end{aligned}$ | Not Possible $32 \%$ | $\begin{aligned} & -1 \mathrm{yr} \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 1-2 \mathrm{yrs} \\ & 36 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 3-5 \mathrm{yrs} \\ & 30 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 5-10 \mathrm{yrs} \\ & 9 \% \\ & \hline \end{aligned}$ | Not <br> Possible $3 \%$ |
| 21. I feel shy when I speak in English. | 11\% | 46\% | 11\% | 25\% | 7\% | 24\% | 39\% | 9\% | 24\% | 3\% |
| 25. It is easier to speak than understand a FL | 7\% | 21\% | 14\% | 43\% | 14\% | 6\% | 18\% | 12\% | 36\% | 27\% |
| 34. It is easier to write English than to speak. | 21\% | 46\% | 7\% | 21\% | 3\% | 36\% | 27\% | 12\% | 21\% | 3\% |
| Foreign language aptitude. |  |  |  |  |  |  |  |  |  |  |
| 1. It is easier for children to learn a FL | 54\% | 39\% | ------- | 7\% | ------- | 73\% | 12\% | 9\% | 3\% | 3\% |
| 2. Some people have a special ability for FL | 29\% | 61\% | 7\% | ------- | 3\% | 61\% | 27\% | 9\% | 3\% | ------- |
| 6. People from my country are good at FL | 3\% | 32\% | 29\% | 29\% | 7\% | 12\% | 21\% | 21\% | 36\% | 9\% |
| 10. It is easier for someone who already speaks a FL | 10\% | 29\% | 21\% | 29\% | 10\% | 30\% | 24\% | 33\% | 12\% | ------- |
| 11. People who are good at maths/science are not good at FL | ------- | 3\% | 36\% | 14\% | 46\% | ------- | 12\% | 51\% | 30\% | 6\% |
| 16. I have a special ability for FL | 3\% | 7\% | 50\% | 29\% | 11\% | 15\% | 12\% | 36\% | 27\% | 9\% |
| 19. Women are better at FL | 3\% | 18\% | 29\% | 21\% | 29\% | 6\% | 12\% | 54\% | 27\% | ----- |
| 22. Beginners should not be allowed to make mistakes | 7\% | 21\% | 3\% | 39\% | 29\% | 3\% | 21\% | 15\% | 45\% | 15\% |
| 30. People who speak more than 1 FL are very intelligent | 3\% | 29\% | 25\% | 43\% | ------- | 15\% | 24\% | 36\% | 15\% | 9\% |
| 33. Everyone can learn a FL | 39\% | 36\% | 7\% | 14\% | 3\% | 45\% | 30\% | 12\% | 9\% | 3\% |
| The nature of language learning. |  |  |  |  |  |  |  |  |  |  |
| 3. Some languages are easier to learn. | 21\% | 61\% | 11\% | 3\% | 3\% | 45\% | 30\% | 6\% | 18\% | ------ |


| 7. Excellent pronunciation is important. | 46\% | 43\% | 3\% | 7\% | ------- | 48\% | 33\% | 6\% | 12\% | -------- |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8. Knowledge of English culture is important | 11\% | 50\% | 14\% | 21\% | $3 \%$ | 30\% | 27\% | 9\% | 30\% | 3\% |
| 12. It is best to learn English in an English country | 71\% | 25\% | -------- | 3\% | -------- | 54\% | 33\% | 9\% | 3\% | -------- |
| $\begin{aligned} & \text { 13. I enjoy } \\ & \text { practicing with } \\ & \text { the South } \\ & \text { Africans I meet. } \end{aligned}$ | 18\% | 68\% | 11\% | 3\% | -------- | 21\% | 36\% | 15\% | 21\% | 6\% |
| 17. Learning vocab. is most important | 18\% | 43\% | 3\% | 32\% | 3\% | 45\% | 33\% | 6\% | 12\% | 3\% |
| 23. Learning grammar is most important | 14\% | 43\% | 18\% | 21\% | 3\% | 42\% | 21\% | 15\% | 18\% | 3\% |
| 27. Learning a FL is different from learning other subjects | 25\% | 46\% | 11\% | 18\% | --------- | 24\% | 27\% | 15\% | 30\% | 3\% |
| 28. Learning to translate is most important | 14\% | 14\% | 11\% | 54\% | 7\% | 33\% | 15\% | 18\% | 33\% | ------- |
| Learning and communication strategies. |  |  |  |  |  |  |  |  |  |  |
| 9. You must always speak correctly | 7\% | 7\% | 7\% | 25\% | 54\% | 12\% | 12\% | 24\% | 48\% | 3\% |
| 14. It is acceptable to guess the meaning of words | 29\% | 50\% | 7\% | 11\% | 3\% | 27\% | 30\% | 12\% | 24\% | 6\% |
| 18. It is important to repeat and practice a lot | 57\% | 43\% | ---- | ------- | -------- | 54\% | 39\% | 6\% | ------- | ------- |
| 26 . It is important to listen to language tapes and CD's | 32\% | 57\% | 7\% | 3\% | -------- | 48\% | 39\% | 9\% | 3\% | -------- |
| Motivations and expectations. |  |  |  |  |  |  |  |  |  |  |
| 20. People in my country feel it is important to speak English | 43\% | 46\% | 3\% | 3\% | 3\% | 54\% | 39\% | 3\% | 3\% | ------- |
| 24. I want to learn English so I can speak to South Africans | 21\% | 25\% | 25\% | 21\% | 7\% | 30\% | 18\% | 18\% | 24\% | 9\% |
| 29. If I speak English well, I can get a good job | 50\% | 50\% | ------- | ------- | -------- | 64\% | 30\% | 6\% | -------- | ------- |
| 31. I want to speak English fluently | 93\% | 7\% | ------- | -------- | -------- | 85\% | 15\% | ------- | ------ | ----- |
| 32. I want to have South African friends. | 43\% | 50\% | 3\% | ------- | $3 \%$ | 51\% | 24\% | 18\% | 3\% | 3\% |

## Appendix B

The Beliefs about Language Learning Inventory
Overall Group
Administration 2

Beliefs about Language Learning Inventory
Administration 2
Overall Group

| Questions | SA | A | N | D | SD | SA | A | N | D | SD |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Difficulty of foreign language learning. |  |  |  |  |  |  |  |  |  |  |
| 4. English is: | $\mathrm{VD}$ | $\begin{aligned} & \mathrm{D} \\ & 16 \% \end{aligned}$ | $\begin{aligned} & \text { MD } \\ & 52 \% \end{aligned}$ | $\begin{aligned} & \mathrm{E} \\ & 24 \% \end{aligned}$ | $\begin{aligned} & \hline \mathrm{VE} \\ & 8 \% \end{aligned}$ | $\begin{aligned} & \hline \text { VD } \\ & 16 \% \end{aligned}$ | $\begin{aligned} & \mathrm{D} \\ & 42 \% \end{aligned}$ | $\begin{aligned} & \mathrm{MD} \\ & 29 \% \end{aligned}$ | $\begin{aligned} & \mathrm{E} \\ & 12 \% \end{aligned}$ | VE |
| 5. I will learn to speak English well. | 80\% | 20\% | ------- | -------- | -------- | 46\% | 25\% | 16\% | 12\% | ------ |
| 15. In 1 hr per day, how long would it take to learn English? | $\begin{gathered} \hline-1 \mathrm{yr} \\ \text {------ } \end{gathered}$ | $\begin{aligned} & \hline 1- \\ & 2 \mathrm{yrs} \\ & ----- \end{aligned}$ | $\begin{aligned} & \hline 3-5 y r s \\ & 4 \% \end{aligned}$ | 5-10yrs <br> $28 \%$ | $\begin{aligned} & \mathrm{N} / \mathrm{P} \\ & 68 \% \end{aligned}$ | $\begin{aligned} & -1 \mathrm{yr} \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 1-2 \mathrm{yrs} \\ & 42 \% \end{aligned}$ | $\begin{aligned} & \hline 3-5 y r s \\ & 25 \% \end{aligned}$ | 5-10yrs 8\% | $\begin{aligned} & \mathrm{N} / \mathrm{P} \\ & 4 \% \end{aligned}$ |
| 21. I feel shy when I speak in English. | 12\% | 16\% | ------- | 44\% | 28\% | 46\% | 33\% | -------- | 16\% | 4\% |
| 25. It is easier to speak than understand a FL | 12\% | 28\% | 16\% | 40\% | 4\% | 21\% | 16\% | -------- | 46\% | 16\% |
| 34. It is easier to write English than to speak. | 32\% | 32\% | 4\% | 24\% | 8\% | 50\% | 33\% | 4\% | 12\% | ------- |
| Foreign language aptitude. |  |  |  |  |  |  |  |  |  |  |
| 1. It is easier for children to learn a FL | 28\% | 16\% | 12\% | 40\% | 4\% | 7\% | 21\% | -------- | -------- | -------- |
| 2. Some people have a special ability for FL | 32\% | 32\% | 12\% | 16\% | 8\% | 62\% | 21\% | 4\% | 12\% | ------- |
| 6. People from my country are good at FL | 16\% | 32\% | 36\% | 16\% | -------- | 29\% | 16\% | 25\% | 16\% | 12\% |
| $\qquad$ <br> 10. It someone who already speaks a FL | 28\% | 20\% | 20\% | 28\% | 4\% | 46\% | 25\% | 29\% | -------- | -------- |
| 11. People who are good at maths/science are not good at FL | 4\% | ----- | 56\% | 36\% | 4\% | 16\% | 4\% | 58\% | 21\% | --------- |
| 16. I have a special ability for FL | 36\% | 28\% | 16\% | 20\% | ------ | 16\% | 12\% | 29\% | 37\% | 4\% |
| 19. Women are better at FL | ------ | 16\% | 64\% | 20\% | -------- | 12\% | 37\% | 46\% | 4\% | ------- |
| 22. Beginners should not be allowed to make mistakes | 4\% | 8\% | 8\% | 52\% | 28\% | 4\% | 16\% | 25\% | 42\% | 12\% |
| 30. People who speak more than 1 FL are very intelligent | 12\% | 16\% | 40\% | 28\% | 4\% | 21\% | 21\% | 54\% | 4\% | -------- |
| 33. Everyone can learn a FL | 64\% | 28\% | 8\% | -- | -------- | 33\% | 29\% | 21\% | 16\% | -- |
| The nature of language learning. |  |  |  |  |  |  |  |  |  |  |
| 3. Some languages are easier to learn. | 28\% | 36\% | 20\% | 4\% | 12\% | 66\% | 30\% | 4\% | -------- | -------- |


| 7. Excellent pronunciation is important. | 12\% | 32\% | 8\% | 40\% | 8\% | 62\% | 16\% | 12\% | 4\% | 4\% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8. Knowledge of English culture is important | 60\% | 32\% | 8\% | -------- | -------- | 32\% | 28\% | 4\% | 36\% | -------- |
| 12. It is best to learn English in an English country | 80\% | 20\% | -------- | -------- | --------- | 67\% | 21\% | 4\% | 8\% | -------- |
| 13. I enjoy practicing with the South Africans I meet. | 44\% | 44\% | 4\% | 8\% | --------- | 21\% | 21\% | 16\% | 25\% | 16\% |
| 17. Learning vocab. is most important | 12\% | 24\% | 8\% | 52\% | 4\% | 62\% | 29\% | 4\% | 4\% | -------- |
| 23. Learning grammar is most important | 8\% | 16\% | 12\% | 52\% | 12\% | 46\% | 25\% | 12\% | 12\% | 4\% |
| 27. Learning a FL is different from learning other subjects | 72\% | 24\% | 4\% | --------- | -------- | 46\% | 25\% | 12\% | 16\% | ------- |
| 28. Learning to translate is most important | --------- | 8\% | 16\% | 68\% | 8\% | 42\% | 21\% | 8\% | 29\% | ------- |
| Learning and communication strategies. |  |  |  |  |  |  |  |  |  |  |
| 9. You must always speak correctly | ------- | ------ | 8\% | 60\% | 32\% | 16\% | 8\% | 21\% | 54\% | --------- |
| 14. It is acceptable to guess the meaning of words | 68\% | 28\% | 4\% | ------- | ------- | 25\% | 29\% | 12\% | 33\% | ------- |
| 18. It is important to repeat and practice a lot | 84\% | 16\% | -------- | -------- | --------- | 54\% | 29\% | 8\% | 8\% | -------- |
| 26. It is important to listen to language tapes and CD's | 56\% | 40\% | 4\% | -------- | ---------- | 37\% | 42\% | 8\% | 8\% | 4\% |
| Motivations and expectations. |  |  |  |  |  |  |  |  |  |  |
| 20. People in my country feel it is important to speak English | 68\% | 32\% | -------- | -------- | -------- | 58\% | 42\% | ----- | ------- | -------- |
| 24. I want to learn English so I can speak to South Africans | 40\% | 24\% | 12\% | 20\% | 4\% | 29\% | 16\% | 12\% | 29\% | 12\% |
| 29. If I speak English well, I can get a good job | 72\% | 28\% | -------- | -------- | -------- | 75\% | 21\% | 4\% | -------- | --------- |
| $\begin{aligned} & \text { 31. I want to } \\ & \text { speak English } \\ & \text { fluently } \end{aligned}$ | 100\% | ------ | -------- | -------- | -------- | 92\% | 8\% | ------- | ------- | -------- |
| 32. I want to have South African friends. | 56\% | 32\% | 8\% | 4\% | -------- | 42\% | 37\% | 4\% | 12\% | 4\% |

## Appendix C

The Personal Report of Communication Apprehension
Overall Group

## Personal Report of Communication Apprehension

Overall Group

Experimental Group: $\mathrm{N}=28$

| Student name | Group discussion | Meetings | Dyadic | Public speaking | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1.Tony | 20 | 19 | 18 | 20 | 77 |
| 2.Judy | 20 | 18 | 18 | 20 | 76 |
| 3.Andrea | 18 | 17 | 18 | 23 | 76 |
| 4.Yung | 20 | 19 | 17 | 20 | 76 |
| 5.Eric | 18 | 18 | 19 | 20 | 75 |
| 6.Tamir | 16 | 20 | 18 | 20 | 74 |
| 7.Michel | 18 | 18 | 17 | 20 | 73 |
| 8.Manuel | 19 | 17 | 16 | 20 | 72 |
| 9.J.P. | 17 | 18 | 17 | 20 | 72 |
| 10.Michael | 18 | 16 | 18 | 20 | 72 |
| 11.Anya | 17 | 18 | 18 | 19 | 72 |
| 12.Anapaula | 18 | 17 | 17 | 20 | 72 |
| 13.James | 18 | 18 | 18 | 18 | 72 |
| 14.Geraldine | 17 | 16 | 17 | 20 | 70 |
| 15. Frank | 16 | 17 | 18 | 19 | 70 |
| 16. Pierre | 15 | 17 | 19 | 19 | 70 |
| 17. Gennady | 17 | 17 | 15 | 20 | 69 |
| 18. Nubia | 16 | 18 | 17 | 18 | 69 |
| 19. Betty | 16 | 18 | 18 | 16 | 68 |
| 20. Luf | 19 | 15 | 18 | 16 | 68 |
| 21. Ufulo | 16 | 16 | 17 | 18 | 67 |
| 22. Ivan | 16 | 17 | 15 | 19 | 67 |
| 23. Amy | 16 | 18 | 17 | 16 | 67 |
| 24. Nostalgia | 16 | 18 | 15 | 18 | 67 |
| 25. Joe | 18 | 16 | 16 | 17 | 67 |
| 26. George | 16 | 17 | 17 | 16 | 66 |
| 27. Ruby | 16 | 16 | 16 | 17 | 65 |
| 28. Iliane | 16 | 15 | 16 | 16 | 63 |

Median $=70$
Mean X $=70.4$

Personal Report of Communication Apprehension
Overall Group

Control Group: $\mathrm{N}=33$

| Student name | Group discussion | Meetings | Dyadic | Public speaking | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Maria | 19 | 20 | 18 | 24 | 81 |
| 2. Teresa | 20 | 19 | 19 | 20 | 78 |
| 3. Kim | 20 | 19 | 19 | 20 | 78 |
| 4. Jerry | 20 | 20 | 18 | 19 | 77 |
| 5. Allie | 20 | 20 | 16 | 20 | 76 |
| 6. Youngil | 18 | 19 | 19 | 20 | 76 |
| 7. Chang | 17 | 15 | 17 | 18 | 76 |
| 8. Conquerer | 19 | 21 | 17 | 19 | 76 |
| 9. Iris | 18 | 19 | 19 | 20 | 76 |
| 10. Sandra | 19 | 18 | 18 | 21 | 76 |
| 11. Catherine | 18 | 18 | 19 | 20 | 75 |
| 12. Javier | 18 | 20 | 20 | 17 | 75 |
| 13. Hebi | 19 | 19 | 17 | 20 | 75 |
| 14. Homa | 18 | 18 | 18 | 20 | 74 |
| 15. Susan | 19 | 19 | 17 | 19 | 74 |
| 16. Lee | 18 | 18 | 18 | 20 | 74 |
| 17. Guney | 20 | 15 | 17 | 21 | 73 |
| 18. Yumi | 19 | 18 | 16 | 20 | 73 |
| 19. Gilda | 18 | 18 | 16 | 20 | 72 |
| 20. Svet | 16 | 18 | 18 | 20 | 72 |
| 21. Alex | 16 | 18 | 18 | 20 | 72 |
| 22. David | 18 | 16 | 18 | 20 | 72 |
| 23. Reiken | 17 | 18 | 16 | 20 | 71 |
| 24. Aguila | 16 | 17 | 18 | 19 | 70 |
| 25. Gail | 16 | 17 | 17 | 19 | 69 |
| 26. Mara | 16 | 17 | 16 | 20 | 69 |
| 27. Yang | 16 | 16 | 18 | 18 | 68 |
| 28. Cahit | 16 | 17 | 16 | 18 | 67 |
| 29. Sebastian | 16 | 16 | 17 | 18 | 67 |
| 30. Chang | 17 | 15 | 17 | 18 | 67 |
| 31. Kyu-Hun | 16 | 17 | 17 | 16 | 66 |
| 32. Stelio | 16 | 16 | 16 | 16 | 64 |
| 33. Salah | 16 | 16 | 16 | 15 | 63 |

Median $=73$
Mean $X=72.4$

