

## Chapter 1

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Appendix 1 Request to the Raleigh Fitkin Memorial Hospital to conduct research

Appendix 2 Permission from Raleigh Fitkin Memorial Hospital to conduct the research

Appendix 3 Informed consent form

ICN	International Council of Nursing
MPQ	McGill Pain Questionnaire Scale
PMS	Premenstrual syndrome
RFMH	Raleigh Fitkin Memorial Hospital
RSA	Republic of South Africa
SA	South Africa
USA	United States of America
UK	United Kingdom
VAS	Visual Analogue Scale
WHO	World Health Organization

