INTERVIEW PROTOCOL

At the beginning of each interview, I will ask the following question:

Please tell me how you experienced the resilience training over the four-day period.

Since this is a qualitative study, only two comprehensive questions will be asked.

Once the first question has been answered, I will ask the following question:

Describe to me in detail how the resilience training affected your performance within your team.

Any other questions will be asked as the interview proceeds in order to clarify and expand responses. Such questions may include:

“Tell me more about that”
“Give me an example of what that means to you”
“What does that mean to you”
“What prompted you to look at that aspect?”
“What adjustments did you have to make to _________?”
“Provide me with another situation where this had happened”

Communication during the interview may include verbal and non-verbal actions or gestures, head nodding, facial or hand gestures, or any other indication that I am listening and could serve as a cue for you to continue with your discussion.