

## VOLUNTARY CONSENT TO PARTICIPATE IN THE STUDY

Attached is a form for obtaining written consent from the informants.

I/nna ..... consent/ke dumela to participate/ho nka karolo, in the research study/phuputsong for/ya beliefs and practices of Sotho antenatal patients/mekgwa le meetlo ya basadi ba Basotho ba ithwetseng.

I/ke understand/utlwisisa that/hore participation/ho nka karolo is/ho voluntary/etsahala ntle le qobello, and/hape I am/ke free/nale hona to/ho withdraw/itokolla at ka anytime/nako e nngwe le e nngwe.

**SIGNATURE OF PARTICIPANT:** .....

**DATE:** .....

# **INTERVIEW DECLARATION LETTER**

I, MA Mofokeng, an MA CUR student at Unisa, promise to adhere to the freedom of choice with regard to you (the informants) i.e. freedom of withdrawal at anytime from the study.

Your voluntary participation in this study is appreciated. You are expected to narrate your stories in a free flowing "conversation" manner. Your names will not be published upon publication of the interview information.

Your honesty in this regard is very important though there are no right or wrong answers. All the answers will be taken as a true reflection of your views and perceptions, regarding your beliefs and practices during pregnancy.

Thank you for participating.

**SIGNATURE OF THE INQUIRER / RESEARCHER .....**

**STUDENT NUMBER 815-061-3**

**DATE :.....**

# INTERVIEW

## (i) A guiding question

“What are your beliefs and practices during pregnancy? I want to know what you know, in the way you know it, and the meanings of the practices you do during pregnancy as well as things that are prohibited in pregnancy (Kvale 1996 : 125).”

## (ii) The interview guide

### 1 Practices

1.1.1 Are there any practices which are expected to be done during pregnancy?

1.1.2 Tell me more about these practices.

### 2 Can you tell me about your perceptions regarding taking any food in pregnancy?

### 3 Supernatural beliefs

3.1 Tell me about Supernatural beliefs.

### 4 Pregnancy and clinic attendance

4.1 Could you tell me what your perception of pregnancy is, and whether a pregnant woman to be on continuous medical surveillance when pregnant?

4.2 Tell me about clinic attendance.

### 5 Clothing

5.1 Could you tell me about the types of clothes women in your culture wear when pregnant?

### 6 Rest and Activity

6.1 Tell me, how do you perceive rest when a woman is pregnant?

### 7 Sexual activity

7.1 Tell me how do you perceive sexual activity in your culture when pregnant?

### 8 The use of herbs and traditional medicine

8.1 Could you tell me whether in your culture you have to use any remedies when pregnant?