SUMMARY

The prevalence of divorce within society is reflected in the rising divorce rate

worldwide. Consequently, divorce has become more accepted, although

adolescents from divorced families are considered at risk for maladjustment. The

aim of this study is to give a voice to adolescents who have experienced their

parents' divorce and to highlight their resilience despite the challenges they faced.

The epistemological framework is social constructionism. In-depth interviews with

two adolescents who have experienced the divorce of their parents were

undertaken. The method of analysis used was 'Thematic content analysis'.

The participants' stories were recounted through the lens of the researcher in the

form of themes. Recurring themes in these stories were elucidated and linked with

the literature.

This study allowed rich and detailed descriptions about adolescents' experiences to

emerge, which the researcher hopes will broaden the therapeutic understanding of

the complexities of divorce for the adolescents who survive it.

Key Terms:

Adjustment; Adolescence; Boundaries; Connection; Coping; Disconnection;

Divorce; Epistemology; Loss; Maladjustment; Qualitative research;

Postmodernism; Research methodology; Resilience; Silence; Social

constructionism; Thematic content analysis.

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