SUMMARY

The prevalence of divorce within society is reflected in the rising divorce rate worldwide. Consequently, divorce has become more accepted, although adolescents from divorced families are considered at risk for maladjustment. The aim of this study is to give a voice to adolescents who have experienced their parents’ divorce and to highlight their resilience despite the challenges they faced.

The epistemological framework is social constructionism. In-depth interviews with two adolescents who have experienced the divorce of their parents were undertaken. The method of analysis used was ‘Thematic content analysis’.

The participants’ stories were recounted through the lens of the researcher in the form of themes. Recurring themes in these stories were elucidated and linked with the literature.

This study allowed rich and detailed descriptions about adolescents’ experiences to emerge, which the researcher hopes will broaden the therapeutic understanding of the complexities of divorce for the adolescents who survive it.

Key Terms:

Adjustment; Adolescence; Boundaries; Connection; Coping; Disconnection; Divorce; Epistemology; Loss; Maladjustment; Qualitative research; Postmodernism; Research methodology; Resilience; Silence; Social constructionism; Thematic content analysis.