

## **ANNEXURE B**

### **RESPONDENT INFORMATION LEAFLET AND INFORMED CONSENT**

The respondent must receive, read and understand this document before the start of the study

#### **TITLE OF PROJECT**

“Psycho-educational intervention with students suffering from posttraumatic stress”

#### **INTRODUCTION**

You are invited to volunteer for a research project. This information leaflet is to help you to decide if you would like to participate. Before you agree to take part in this study you should fully understand what is involved. If you have any questions, which are not fully explained in this leaflet, do not hesitate to ask the researcher. You should not agree to take part unless you are completely happy about all the procedures involved.

#### **WHAT IS THE PURPOSE OF THIS RESEARCH?**

You have been identified as a student at Technikon Pretoria and the researcher would like you to consider taking part in this project exploring various intervention techniques that can be used for posttraumatic stress intervention with students.

#### **HAS THE PROJECT RECEIVED APPROVAL?**

The proposal for this study was submitted to the Department of Educational Studies of the University of South Africa, and written approval has been granted. The study has been structured in accordance with the required ethical procedures, which deals with the recommendations guiding research involving human subjects

#### **WHAT ARE MY RIGHTS AS A PARTICIPANT IN THIS PROJECT?**

Your participation in this project is entirely voluntary and you can refuse to participate or stop at any time without stating any reason. Your withdrawal will not affect your access to other psychological care. The investigator retains the right to withdraw you from the study if it is considered to be in your best interest.

#### **MAY ANY OF THE PROCEDURES RESULT IN DISCOMFORT OR INCONVENIENCE?**

It is believed that the impact of the media used in this study will not in any way alter the nature of your participation in your own studies.

## **WHAT ARE THE RISKS INVOLVED IN THIS PROJECT?**

In order to avoid any personal risk, the following proactive measures will be in place:

- *Informed consent.* The researcher will ensure that participants are fully informed about the research procedure and give their written consent to participate in the research before data collection takes place.
- *No deception.* Participants will receive clear information on the purpose of the study in the form of an information leaflet.
- *Right to withdraw.* The researcher will ensure that participants feel free to withdraw from participation in the study without fear of being penalized.
- *Debriefing.* The researcher will ensure that participants have access to debriefing at any stage during the research process, if they wish to. The researcher will ensure that participants will have access to any publications arising from the study they took part in.
- *Confidentiality.* The researcher will maintain complete confidentiality regarding any information about participants acquired during the research process.

## **DISCONTINUATION OF TRIAL PARTICIPATION**

Your participation in this project is entirely voluntary and you can refuse to participate or stop at any time without stating any reason and without prejudice.

## **SOURCE OF ADDITIONAL INFORMATION**

If at any stage you feel that you need more information regarding the project and its purpose, please do not hesitate to contact me, Jack Mashiapata, (012) 318 5072 or 083 305 5329 or my supervisor, Dr D. Kruger, 012 429 4520.

## **CONFIDENTIALITY**

All information obtained during the course of this study is strictly confidential. Data that may be reported in scientific journals will not include any information that identifies you as a participant in this study.

Any information uncovered regarding yourself as a result of your participation in this project will be held in strict confidence. You will be informed of any finding of importance to your participation in this study but this information will not be disclosed to any third party in addition to the ones mentioned above without your written permission.

Researcher: Jack Mashiapata, 012 318 5072  
Supervisor: Dr D. Kruger, (012) 429 4520

