PERSONALITY TRAITS OF SPORT PARTICIPANTS WITH SPECIFIC REFERENCE TO CRICKET PLAYERS

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SUMMARY

The main purpose of this study was to determine:

• If there is a relationship between certain personality traits and participation in sport.
• Whether cricket players possess certain personality traits in general and with regard to levels of play, playing positions and age.

The literature study indicated that the study of personality tend to be complex and showed a relationship between personality traits and participation in sport. Furthermore the literature study showed that personality is not static, but dependant on acquired traits and responses.

The empirical study revealed that certain personality traits in cricket players figure stronger than others regarding levels of play, playing positions and age, for example cricket players on club level tend to have more self control than school players and
bowlers tend to show a larger tendency to disregard social rules and tend to be more enthusiastic, and greater risk-takers than batsmen and wicketkeepers.

**Key words**

Personality
Sport
Personality traits
Personality theories
Sport participants
Cricket players
Person
Temperament
Character
Quantitative-qualitative research methods